

F E B R U A R Y 2 0 1 8

SANDSCRIPT

THE UNITARIAN UNIVERSALIST FELLOWSHIP OF FALMOUTH NEWSLETTER

RELIGIOUS SERVICES IN FEBRUARY

FEBRUARY THEME IS *VISION*

Come join the “**UU Common Read**”

book discussion:

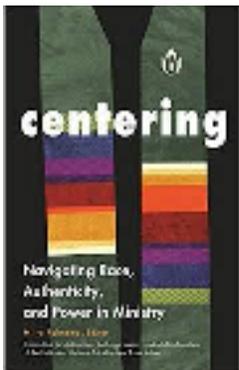
Centering: Navigating Race, Authenticity, and Power in Ministry

Sunday afternoons
from 2:30-4:00 PM in
the Sanctuary.

February 11:
Visibility and Invisibility

February 18:
Leadership and Ministry

February 25:
Ministering to People of Color



(see page 6 for more information)

February 4th — *The Blessing of the Animals*

In this much beloved UUFF annual tradition, we'll celebrate the love and companionship that animals of all kinds bring to our lives. Your pets and animal friends are invited to attend; bring them with you or just bring a picture. We'll share stories of our animal companions, remember those we've lost but still remember, and say words of blessing over them all.

February 11th — *The Vision of an Evolutionary Faith*

Today we'll observe International Darwin Day: a day that seeks “to inspire people throughout the globe to reflect and act on the principles of intellectual bravery, perpetual curiosity, scientific thinking, and hunger for truth as embodied in Charles Darwin.” Specifically, we'll explore what science and evolution have to say about being a spiritual person. After the service we'll all have a chance to explore spiritual practices with the Faith Formation “Spiritual Paths” program.

February 18th — *Centering*

This service will draw from our UU Common Read: “Centering.” We will seek to listen and learn about what it means to be Unitarian Universalist by expanding our vision to center the perspectives of UU leaders who are also people of color. How does our common faith look different when we center a different point of view?

February 25th — *Reclaiming My Time*

Over the past year, we have seen women and more than a few men say “enough” to sexism, sexual violence, and a misogynistic culture that devalues half the population. What does it mean to not only have, but promote a new vision of a world that no longer needs #metoo?

Our guest minister will be Rev. Kimberley Debus, who works as a community minister in the Capital Region of New York State. In addition, she is an adjunct consultant with the Central East Region, has previously served the First Universalist Church of Southold on Long Island and One Island Family UU Congregation in Key West Florida, and is currently serving our congregation on Nantucket as sabbatical minister.

Minister's Musingspage 2



*The journey of love is a very long journey,
but sometimes with a sigh you can cross that vast desert.
Search and search again without losing hope;
you may find sometime a treasure on your way.
My heart and my eyes are all devoted to the vision.*

Unitarian Universalist Fellowship of Falmouth

840 Sandwich Road
East Falmouth 02536
508-457-0449

**The Reverend David M.
Kohlmeier, Minister**

Deborah Keller Wood,
Director of Faith
Formation

**Fred Johnson, Director
of Music**

**Kit O'Connor, Office
Administrator**

Nancy Wendlandt,
Pianist

Paul Simmons, Sexton

Heather Worriow,
Nursery Caregiver

**Office Hours ~ 9 to
Noon, Tuesday through
Friday**

Our website:

<http://uuffm.org>

Post notices:

To post items for
publication

announce@uuffm.org

Those words come from a poem by Mohammed Iqbal, a Pakistani Muslim poet who lived in the late 19th and early 20th centuries. I have reflected on these words a lot as I think about our February theme: Vision.

We live in a world constantly bombarding us with information, and the news of the day is often anxiety-producing, to say the least. All this negativity, this glut of information, can easily disconnect us from the Web of Life. It can cause us to lose our way. It's not just the news, though. Day-to-day life is often filled with major and minor conflicts and dramas. We can rub each other the wrong way, step on each other's toes, even seriously hurt each other, all because we fail to listen. All because we lose our deeper sense of connection to life and each other.

Iqbal asks us to keep our hearts devoted to the vision of love; he asks us not to lose hope, but to believe that if we stay on the spiritual journey, striving always to move in the direction of greater love, then we will find, sometimes, surprising treasures on the way. This month our Sunday services will seek to keep our spiritual eyes devoted to the vision. We'll bless and celebrate our loving connections to the animals in our lives; we'll draw inspiration from Charles Darwin to keep our religion reasonable; we'll consider how different our common faith might appear when we center different perspectives; and we'll try to expand our vision to better hear the voices of women at this critical moment in history.

What keeps your vision focused on the journey of love? What poets, teachers, sacred traditions, or other sources of wisdom inspire you? What is your vision for our fellowship? How do you fit into that vision? Who do you know who could use help in finding love and hope? How will you help them?

The Rev. David M. Kohlmeier
Rev. David

President's Corner.....page 3



UUFF BOARD

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Bruce Bell, President
Stephen Treistman,
Vice President
Gail Donkin, Treasurer
Judy Andrade, Clerk

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Richard Feeney
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Dave Dimmick and Phil
Zimmerman
Caring-Marion Flurkey
Communications-
Joanie Thompson
Faith Formation-
Nathan Wilson &
David Mark Welch
Finance-Barry Blake
Membership-Pat Howitt
Memorial Woodland-Phil
Zimmerman
Ministry-Marion Flurkey
Music-Vacant
Nominating-Win Munro
Personnel-Gail Donkin
Planned Giving-Stu Graham
Social Action-Julia Withers
Stewardship-John McWilliam

I hope everyone is staying warm.

The Board's next listening session will be held on February 4th at 11:15 AM in the East Wing. There's no agenda. Please come and raise whatever topics you wish. It's your opportunity to tell us your ideas, concerns, etc. The information is shared with the whole Board.

Dave Jewett and Rex Withers are continuing to evaluate the potential of adding additional solar panels to the Meetinghouse in a way that will require no out of pocket cash from our treasury, reduce energy costs, and support our Green Sanctuary renewal. Much progress has been made. We expect more news soon.

Rev. David's installation was tentatively scheduled for Saturday, April 14. Because that coincides with school vacation week and with the Youth Group's service week, another date will be set. The date will be announced as soon as we have one.

It's time to start the budgeting process. Forms for committees to request budgets for FY 2019 have been sent. Please return them as soon as possible. The Stewardship Committee is hard at work planning the pledge drive and fundraisers. Please consider giving generously. The auction has been scheduled for April 28. The theme is Cinco de Mayo.

Best, *Bruce*

**Board Listening Session, Sunday,
February 4 at 11:15 AM. Come
and let the Board hear your
questions, input and concerns.**





News From the Wings - February 2018

Calendar

Feb 4	Sunday	10:00	MultiGen Service - Blessing of the Animals
Feb 11	Sunday	10:00	Social Justice Community Service - making valentines
	Sunday	11:15-1:00	Spiritual Paths
Feb 16	Friday	6:00	Parent Social Group
Feb 18	Sunday	10:00	Social Justice
Feb 25	Sunday	10:00	Chapel

Feb 4 - The Blessing of the Animals Service. Everyone is invited to bring a special animal or a picture of a special animal to this service for all ages. Please consider the variety of animals that will be present when deciding if this will be a good setting for your animal. Donations of pet food and blankets are welcome in support of animal shelters on this day.

Feb 11 - Spiritual Paths, 11:15-1:00. After the service we will have our third annual "Spiritual Paths" Day. Congregants of all ages are invited to stay after the service to explore different ways to connect to and express our personal spiritual paths. We will wander through the building learning about different ways to nurture our spiritual needs. The Youth Group will offer lunch for sale and we will end with the group coming together to bring us to a peaceful finish to the day. Everyone is invited. A flyer with more information will be sent out soon. The Youth Group will be selling lunch bags with a sandwich, fruit, chips and water for \$6.00 for anyone who would like to purchase something.

What is Faith Formation?

Here are a few explanations that might help people to understand... Let's continue the discussion!

"What does **lifespan** Faith Formation mean? It means that for each of us, spiritual growth spans our entire life, from early childhood through our senior years. It means that we continue to learn about our rich faith, deepen our prayer and worship, and care for others, thereby helping those within and beyond our circles to grow in their faith as well"

"Faith Formation informs, forms, and transforms the person—whether child, youth, or adult—into a robust, vital, and life-giving Unitarian Universalist faith that is holistic: a way of the open mind, the loving heart, and the helping hands."

"Religious Education is one of the most visible forms of Faith Formation. But in truth, worship is part of our Faith Formation, social justice is a part of our Faith Formation, fellowship, small group ministry, leadership, etc....all these play a role in our Faith Formation. It doesn't just happen in a classroom."

In Spirit, Debi
Director of Faith Formation

What's Going On With The Youth Group During April Service Trip?

What will we do?

We will create a youth banner.

We will take part in a trail cleanup in Falmouth.

We will attend a Sunday service at the Unitarian Universalist Society of Martha's Vineyard.

We will travel to the Wampanoag Education Center of Aquinnah, learn about their environmental preservation efforts and about earth-based religions.

We will volunteer at Falmouth Service Center.

We will serve meals in the Lower Cape Salvation Army soup kitchen.

We will learn about dune preservation and planting sea grass in Truro.

We will help create a new, environmentally friendly playground in our space at UUFF.

We will also...

Swim, sleep at UUFF, go bowling, play games, meet other UU youth groups, and more!

What's Going On In Social Justice With Our Children?

Just a few of the highlights of our year in Social Justice...

Falmouth Road Race Trash Clean Up, Beach Sweep & Clean Up, Used Book Sale, Clothing Drive, Canned Food Collection, \$180 Donated to Cape Cod Literacy, Donated to UUSC, and more...

A Sampling of Chapel Sundays and Special Sundays for Children and Youth over the year...

Chapel Sundays — Earth-Centered Religions, World Religion Day, Living in Love and Compassion.

Special Sundays—Learn About Our Water, Conservation, Caring for Our Planet, "How Much Trash Do We Make?" Reduce Reuse Recycle.



Youth Group Book Drive 2017

The Future for Our Green Sanctuary



Green Sanctuary Task Force Update: The Social Action Committee is working on a list of local farms to circulate at UUFF. The task force is still hoping to learn about "green" activities that are going on in UUFF committees and also in members' lives and homes. Please contact Don Mallinson at dfmallinson@gmail.com with information about committee activities. We would also like to know how we operate as a fellowship, how we respect our environment in everything we do as a community, and how we work with others across the Cape and Islands to care for our planet. Please email Jessica

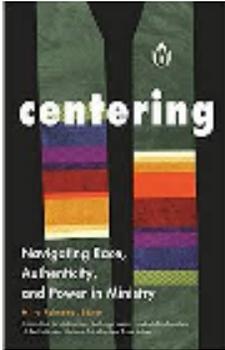
Mark Welch at jmarkwelch@mbl.edu with "green" news. Please feel free to contact Lew Stern for more information at lewstern@comcast.net.

INQUIRER'S SERIES CONTINUES IN FEBRUARY



The Inquirers Series continues on Sundays at 11:15 AM in the library with a session on February 18 on “Pastoral Care and Small Groups” where we meet newcomers and share how we minister to each other in smaller settings than our Sunday Service. On February 25 we discuss “Worship and the Liturgical Year.” Rev. David Kohlmeier will answer questions and share the order of service, and discuss plans for the year ahead. Although the Inquirers Series was designed for newcomers, we are delighted to have all members and friends attend.

UFF TO PARTICIPATE IN THE NATIONWIDE “UU COMMON READ” BOOK DISCUSSION



To celebrate and commemorate Black History Month, the Adult Education Committee will be leading a discussion of the book: *Centering: Navigating Race, Authenticity, and Power in Ministry*, edited by Rev. Mitra Rahnema and selected as one of the two “UUA Reads” books for the year.

This book contains nine essays by different authors, each a religious professional of color, with a response from another religious professional of color. It is a joint project of the UU Ministers Association for Anti-racism, Anti-oppression and Multiculturalism; and Skinner Books.

We will discuss the book in three sessions, each on a Sunday afternoon from 2:30 – 4:00 PM, using a discussion guide provided by UUA, written by Aisha Hauser and Gail Forsyth-Vail.

February 11: Session 1 focuses on **Visibility and Invisibility**, discussing *Othering and Belonging* by Rev. Darrick Jackson, with response by Rev. Lila Cuervo.

February 18: Session 2 focuses on **Leadership and Ministry**, discussing two readings: *Call and Response*, by Rev. Lauren Smith, with response by Rev. Dr. Susan Newman Moore; and *Representing* by Rev. Manish Mishra-Marzetti, with response by Rev. Rosemary Bray McNatt.

February 25: Session 3 focuses on **Ministering to People of Color**, discussing *The Religious Educator of Color*, co-written by Rev. Natalie Maxwell Fenimore and Aisha Hauser, MSW, with response by Rev. Sofia Betancourt.

This powerful book explores how racial identity is made both visible and invisible in a culturally white faith community. It is available from Skinner Books and other retailers.

Note: If you need to borrow a copy of the book, please email Rev. David at minister@uffm.org.

SHARE THE PLATE — February 11, 2018



The Share the Plate recipient for February will be Gosnold, Inc. Originally founded in 1972 as the Cape Cod Alcoholism Intervention and Rehabilitation Unit (CCAIRU), Gosnold, Inc. has spent 45 years helping youth, adults, families, and communities heal from mental health, substance use disorder, and co-occurring illnesses through a comprehensive range of programs and services.

Gosnold has many locations on the Cape with five in Falmouth. It is raising awareness and educating our communities with forums, seminars, professional educational events and information dissemination—all to help improve an understanding of substance abuse and emotional disorders. Please give generously to this valuable community resource. For more information, visit their website: <https://gosnold.org>.

Stewardship

Will you be 70½ or older in 2018?

If so, and you are already planning your 2018 Individual Retirement Account withdrawals, please consider instructing your account trustee to directly transfer a Qualified Charitable Distribution (QCD) to the UUFF. Benefits include:

- ✓ QCDs count toward your Required Minimum Distribution.
- ✓ A QCD transferred to the UUFF can satisfy an annual pledge or be specifically designated for the Baxter and Prince First Century Fund (endowment) or the facilities reserve.
- ✓ The transferred amount is excluded from adjusted gross income so, tax-wise, it's better than an itemized deduction.
- ✓ Up to \$100,000 in QCDs can be transferred from your IRA each year.

Regardless of your age, you can donate appreciated stock to the UUFF, avoiding a capital gains tax on the appreciation. Treasurer Gail Donkin can advise you on the procedure for a stock transfer.

Membership

New Time and Date for Membership Committee Meetings.

The first Tuesday of every month at 4:00 PM is the new day and time the Membership Committee will meet. We hope this new day and time will encourage more members to join the committee in the various duties welcoming guests and new members. If you are interested in joining or would like more information, please email Pat Howitt at patthowitt@gmail.com.

Music Committee and Choir. . . page 8



The World Unity Choir led by singer/songwriter Dawna Hammers, in honor of Martin Luther King, gave a premier performance on Saturday afternoon, January 13 to an enthusiastic audience, and provided the music for the regular Sunday morning service on January 14. The songs they sang brought a message of unity, peace, justice and love so pertinent to our problems in the world today.

Yours for the joy of Music! *The Music committee*

Fellowship Gatherings

Men's Breakfast - Held every Thursday, 8:00-10:00 AM, at the Meetinghouse. All male members and friends of UUFF are welcome. Cost is less than \$5.00.

Mah Jongg - Tuesdays, 1:00-3:30 PM in the Sanctuary. If you play Mah Jongg, or would like to learn to play, come join us. For more information contact Peggy Sabin, mtbsabin@comcast.net.

Ladies Lunch - Thursday, February 8 at ESTIA Restaurant, 26 Steeple Street in Mashpee Commons at noon. Please contact Katherine Crew, 508-524-0986—text preferred, or swimmer.kathe@gmail.com.

Brown Bag Book Bunch -The Brown Bag Book Bunch will be held on February 21 at Cynthia Repplier's home, 15 Waters Edge Road, Falmouth, 508-540-8168.

Caring Committee

*Sorry to hear Barbara Clements is under the weather again. Get well soon!

*Glad to hear that Jack Pearce has moved to rehab.

*Also good news that Rolf Kluever is improving.

*Our hearts go out to the family of Holly Raymond. We were saddened to hear of her passing.

February is the month of hearts and flowers. Remember folks in our community who could use a little cheer!

Marion Flurkey



February Birthdays!



2 Don MacNary
2 Donna Jumper
2 Joanne Briana-Gartner
7 Claire Alai
7 Cynthia Repplier
7 Marcia Easterling
8 Eleanor Ericson
8 Julia Lima

11 Dan Joslyn
13 Nick Vardack
17 Peter Grinnell
19 Noel Coletti
23 Carol Glazier
25 Dorothy Carpenter
28 Skye Weber
28 Pamela Hughes

Anniversaries:

4 Pia/Win Munro
12 Erika/Bill Fox
12 Stu Graham/Jessie Klyce

Committee Chairs! Down with secret meetings! Please email your meeting dates and times to the Meetinghouse office so they can be included on *Sandscript's* calendar. All UUFF meetings are open to members and friends but this is meaningless unless people know when to attend the meetings. Send info to admin@uuffm.org. All meetings are at the Meetinghouse unless otherwise noted. For details and updates go to uuffm.org.

• SUNDAY	• MONDAY	• TUESDAY	• WEDNESDAY	• THURSDAY	• FRIDAY	• SATURDAY
				1 8:00 AM Men's Breakfast 9:45 AM Stewardship 5:30 PM Women's AA	2	3
4 9:00 AM Choir Rehearsal 9:00 AM Nature Walk 10:00 AM Multi-Gen Service 11:15 AM Youth Choir Rehearsal 11:15 AM Board Listening Session	5 7:00 PM Choir Rehearsal	6 10 AM Mbrsp Comm. 1:00 PM Mah Jongg 1:30 PM Fellowship #1 7:00 PM Adult Ed. Committee 7:00 PM Soto Zen Sangha	7	8 8:00 AM Men's Breakfast 12:00 Ladies Lunch 3:30 PM Fellowship #4 5:30 PM Women's AA	9	10
11 9:00 AM Choir Rehearsal 10:00 AM Service & RE 11:15 AM Discussion 11:15 AM Spiritual Paths 2:30 PM UU Common Read	12 7:00 PM Choir Rehearsal	13 1:00 PM Mah Jongg 1:00 PM Caring Committee 3:30 PM Welcoming Committee 7:00 PM Fellowship #2 7:00 PM Soto Zen Sangha	14 1:00 PM Communication Committee 7:00 PM Finance Committee	15 8:00 AM Mens' Breakfast 9:45 AM B&G 5:30 PM Women's AA 7:00 PM Governing Board 7:00 PM Music Committee	16	17
18 10:00 AM Service & RE 11:15 AM Discussion 11:15 AM Faith Formation 11:15 AM Inquirers Series 2:30 PM UU Common Read	19 PRESIDENTS DAY	20 1:00 PM Mah Jongg 1:30 PM Fellowship #1 4:00 PM Social Action Committee 7:00 PM Soto Zen Sangha	21 12:00 PM Brown Bag Book Bunch 5:00 PM Lay Ministry Team	22 8:00 AM Men's Breakfast 3:00 PM 5:00 PM Religious Services Fellowship #4 5:30 PM Women's AA	23	24
25 9:00 AM Choir Rehearsal 10 AM Service & RE 11:15 AM: Sermon Discussion, Youth Choir, Youth Group, Inquirer's Series 2:30 PM UU Common Read	26 7:00 PM Choir Rehearsal	27 1:00 PM Mah Jongg 7:00 PM Fellowship Group #2 7:00 PM Soto Zen Sangha	28			