Sandwich Road Menu For the week of April 14, 2024

access to fresh food throughout the community.



The Theme for April is Interdependence

SUNDAY SERVICE April 14, 2024 at 10 AM. "Solomon's Story, Ministry, and Journey to Harvard Divinity School," led by Pastor Solomon Kwaghko; service associates Julie DeSorgher & Charlotte Harris. Pastor Solomon will explain how our stories can provide lenses that we can use to see God's presence or absence in our lives. When we put our stories into proper perspective, they help us better appreciate other humans. Our stories are a powerful tool that we can use to drive revolutionary change in our communities.

Solomon Kwaghko is a pastoral care provider in Nigeria with Evangelical Church Winning All (ECWA). He has served in various church contexts for over a decade. Solomon is the founder and team lead of The Ordinary People's Hub (TOP-Hub) —a community action network that empowers artisans to drive revolutionary change. He is on study leave at Harvard Divinity School pursuing a master's degree in Religion, Literature and Culture.

COFFEE HOUR: As April 14 is the second Sunday of the month, we ask people whose last names begin with F-K to please bring a snack to share.



FARMING FALMOUTH PRESENTATION, Wednesday, April 17 at 6 PM at the Meeting

House and via Zoom. Farming Falmouth is a young, fast-growing organization that supports local agriculture and believes in bringing people closer to where and how their food is grown. With some of the best soil on Cape Cod, and miles of waterfront, our town has the potential to produce a diversity of food and seafood, and do it in thoughtful, fair, and sustainable ways. The more food we can grow locally—on our farms, in our bays and estuaries, in schools, in community gardens and backyards—the more we can lighten our environmental footprint and widen

Jeny Christian will talk with us about Farming Falmouth and her service garden at Andrew's Farm, with a new site to open at Peterson's Farm in April. She will tell us about their handson educational workshops for home gardeners, homesteaders, and small-scale farmers.

L.I.N.K. EDUCATIONAL SERIES CONTINUES, Saturday, April 20 at 1 PM at the Meeting

House. The processes of colonization and the aftermath of King Philip's War resulted in far-reaching and damaging consequences that tumbled down through generations of Wampanoag people. It has affected Indigenous people around the globe and is collectively known as "Historical Trauma." Linda Coombs, an author and historian from the Wampanoag Tribe of Aquinnah, will discuss aspects of this trauma from past and present perspectives.

UU Falmouth is collaborating with L.I.N.K. to offer these monthly events with educators from the Wampanoag Tribe to teach the local, non-Native community about the true history and culture of the Wampanoag people. All programs are open to the public. More information can be found at L.I.N.K.'s website: linkcapecod.org.

ENVIRONMENTAL TIP: Make your spring cleaning more sustainable! For wiping down, swap out paper towels for reusable rags or old t-shirts that you can wash. Be aware of the amount of water you are using. Try using environmentally friendly (family-healthy) cleaners without phthalates and parabens (or other nasty chemicals) or better yet, make your own homemade cleaning products. Of course, spring cleaning is mostly about letting go of the "stuff" you no longer want or need—donate to shelters or local thrift stores, sell or second-hand whatever you can. Recycle the rest.

SUNDAY SERVICE April 21, 2024 at 10 AM. "A Celebration of the Earth," led by the



Social & Environmental Action Committee members. Come celebrate *Earth Day Sunday* with us! Kitty Hendricks-Miller, the Indian Education Director for the Mashpee Wampanoag Tribe, will play the cedar flute, lead us in prayer, plus share stories, songs, and insights into Wampanoag history, traditional arts, and ways of life.

Share the Plate on April 21 will be collected for Farming Falmouth.

UUs WORKING TOGETHER TO GET OUT THE VOTE! The Social & Environmental Action Committee will be hosting a brief Get Out The Vote information session directly following the Earth Day Sunday service on April 21. This congregation-wide project in support of the 5th UU Principle aims to enhance representation of groups that are often marginalized, while also building community within our Fellowship as we work together. Come learn how you can be a part of it!



MEMBERS & FRIENDS ORIGINAL ARTWORK EXHIBIT! Starting in May, we will be



displaying our own artwork at the Meeting House. Please bring your ready-to-hang art to the Meeting House between Sunday, April 27 and Thursday, May 2. Please contact John Jackson if you have 3D art to display. This is in connection with the May 5 Sunday service, "Aaart!" Watch for more information in the coming weeks.

Red = Congregation-wide events open to all.

For the location of events not on Zoom, please see the appropriate articles above.

SUNDAY, April 14

10:00 AM Sunday Service-In Person

and Zoom

11:15 AM Coffee Hour/Grocery cards

11:30 AM Sermon Discussion Circle

MONDAY, April 15

4:00 PM Chiming Workshop

TUESDAY, April 16

8:00 AM Breakfast Group-Moonakis

Café in East Falmouth

1:00 PM Mah Jongg

3:30 PM Chiming Ensemble

4:00 PM Fellowship Tea-Zoom

WEDNESDAY, April 17

9:30 AM Writing Time

12:00 PM Brown Bag Book Bunch

3:00 PM Partner in Grief Support

6:00 PM Farming Falmouth

Presentation-In Person

and Zoom

THURSDAY, April 18

8:00 AM Men's Breakfast-Zoom

7:00 PM Governing Board Meeting-In

Person and Zoom

FRIDAY, April 19

6:30 PM Percussion Discussion

SATURDAY, April 20

1:00 PM L.I.N.K Series

