"UUFF Holds Open House Highlighting Programs for Children and Youth 11:30 AM to 1 PM, Sunday, August 26"

The Unitarian Universalist Fellowship of Falmouth (UUFF) will hold an Open House highlighting its programs for children and youths from 11:30 AM to 1 PM, Sunday, August 26, at the UUFF Meeting House, <u>840 Sandwich Rd., East Falmouth</u>. Staff and volunteer teachers will be available to talk about faith formation programs for children from Nursery through twelfth grade. Information about adult education programs will also be available. Light refreshments will be served.

Sunday programs start at the UUFF at 10 AM. A skilled caregiver plays with babies and children up to and including kindergarten age, creating a fun and safe environment in which children can enjoy a home away from home and create their first friendships.

In "UU Superheroes," grades one through three learn about individuals who have bravely done good in the world.

"Amazing Grace" guides fourth through sixth graders through ways to determine right from wrong.

In seventh and eighth grade, The Our Whole Lives (OWL) program equips students with information and values clarification tools to help them evaluate language, decisions and behavior in terms of what is respectful, safe, and in keeping with their values and a longer view of their lives. Developed with the Unitarian Universalist Association and the United Church of Christ, OWL includes information in human development, relationships, personal skills, sexual behavior and health, and society and culture, including the spiritual, emotional and social aspects of sexuality, countering the confusing messages presented in the modern world.

"Coming of Age" has been described as a transformative experience for grades nine through ten. While exploring life's big questions, each participant strives to assume selfresponsibility, gain self-confidence, and spend the year intentionally considering and articulating their individual truth or faith, while developing deep authentic relationships among youth, facilitators, mentors and the congregation.

Young people in seventh through twelfth grades meet with adult facilitators in Youth Group after 11 AM two Sundays a month to bond, discuss spiritual issues, plan services, spend time on community service and social justice projects, and have fun! They also plan parties, chapels and multi-generational services during the year.

Debi Keller Wood, UUFF director of Faith Formation and Religious is credentialed through the Unitarian Universalist Association, (UUA). The UUFF was founded in 1959, when it was first recognized by the UUA. More information about the UUFF, its foundations and programs, is available at UUFFM.org and UUA.org.