

# Sandwich Road Menu



**Sunday, December 16, 2018**

**10:00 AM SERVICE – “The Dance of Light and Dark” Rev. David Kohlmeier**

Today we’ll celebrate the winter solstice and the shift from fall to winter. Our service will draw from the wisdom of Earth-centered traditions to help us endure the dark times as we wait for the light to return.

**RELIGIOUS EDUCATION** – Chapel Sunday for all children and youth.

**CHOIR WILL BE SINGING** – Choir rehearsal at 9:00 AM.

**COFFEE HOUR** – Snacks provided by the “3<sup>rd</sup> Sunday” group (members and friends with last names L-R).

**EQUAL EXCHANGE FAIR TRADE CHOCOLATE WILL NOT BE SOLD** after the service as Julia Withers is away. Watch for the next opportunity in an upcoming Sandwich Road Menu.

**FAITH FORMATION COMMITTEE MEETING** 11:15 AM in the Library.

**CAROLING—OPEN TO EVERYONE!** – We will be singing in the dining rooms of Atria, Heritage and possibly JML around lunchtime this year so we will have a bigger audience—and **need more singers!** Please join us in the foyer **after the service** and we will carpool from there. If you have any questions, contact Fred Johnson, [fjbnotes@comcast.net](mailto:fjbnotes@comcast.net).



**POINSETTIAS FOR SHUT-INS** – The Caring Committee encourages everyone to take a card and a poinsettia to those who are shut-in and could use a little holiday cheer. Both can be picked up in the Sanctuary after the service.

## UPCOMING EVENTS AND ANNOUNCEMENTS

**LAST CHANCE TO ENTER THE RAFFLE FOR THE HANDKNIT COAT SWEATER—Sunday December 16 before the service** is your last chance to buy a raffle ticket for the sweater. Tickets are only \$20 and you may purchase as many as you like. They can be found in a basket just outside the Faith Formation office (below where the sweater is hanging).

*The drawing will be held during the service.*

Tie Dyed T-shirts and holiday hats will also be for sale for \$10 each or 3 for \$25 in the foyer before and after the service.



**SOLSTICE SERVICE** – Share the hope and light and good wishes of the season in a Fellowship celebration. We will honor the old year while bringing in the new season and new year through meditation, song and a peaceful ritual—walking a spiral of evergreens. This special solstice service will take place on **December 21 at 6:00 PM** in the Sanctuary.

**SUNDAY SERVICE, December 23, 10:00 AM – “Finding Our Holiday Home”**

The holidays are a time many of us associate with home, but for others this is a time of year for increased depression and loneliness. How can we find a way to feel truly at home this holiday season? In this service we’ll explore what the teachings of Jesus and Buddha have to say, as interpreted by Zen Buddhist teacher Thich Nhat Hanh in his book *Going Home: Jesus and Buddha as Brothers*.

**WINTER COAT DRIVE** – Over 30 coats and jackets were collected during our recent drive. Thank you all for making this winter a little warmer for those in need.



**GREEN TIPS** – Don't stress out. Make a plan to relax. Holiday obligations and activities can leave us with little time to truly recharge. Set aside some time to get out into nature or to simply curl up with a good book! Check out *Fields of Plenty* by Michael Ableman (a farmers' journey in search of real food and the people who grow it!).

## COMMUNITY ANNOUNCEMENTS

**INTERFAITH CANDLELIGHT SERVICE in remembrance of National Homeless Persons' Memorial Day, Friday December 21 at 6:00 PM at St. Barnabas Episcopal Church, 91 Main Street in Falmouth.** The community is invited to sleep out in a tent that night to “experience homelessness.” Please consider bringing a new bath or hand towel or liquid hand soap for our guests. The event is sponsored by *Belonging to Each Other*, a non-profit organization providing temporary housing and loving support to our homeless neighbors in Falmouth during the cold weather months.

 **AMAZON SMILE** – Be sure to enroll in Amazon Smile as you get into holiday shopping mode!  UUFF makes money off everything you buy. Just click on the Amazon Smile button at the bottom of our <http://uuffm.org> pages. It will take you through the simple process of signing up.

**Sandwich Road Menu** brings you the latest news and highlights of upcoming events for the Unitarian Universalist Fellowship of Falmouth, Massachusetts. It is emailed each Friday and folded into the Order of Service on Sunday. Send submissions for all UUFF publications, including the Sandwich Road Menu, to [announce@uuffm.org](mailto:announce@uuffm.org). The deadline for submissions to the Sandwich Road Menu is **Tuesday at noon.**

## MEETINGHOUSE CALENDAR

### SUNDAY, December 16

9:00 AM Choir Rehearsal  
10:00 AM Service/RE  
11:15 AM Faith Formation Meeting

### MONDAY, December 17

7:00 PM Choir Rehearsal

### TUESDAY, December 18

1:00 PM Mah Jongg  
1:30 PM Fellowship Group #1  
4:00 PM Social Action Committee  
7:00 PM Soto Zen Sangha

### WEDNESDAY, December 19

12:00 PM Brown Bag Book Bunch  
5:00 PM Lay Ministry Team  
7:00 PM Governing Board Meeting

### THURSDAY, December 20

8:00 AM Men's Breakfast  
9:45 AM B&G Committee  
5:30 PM Women's AA  
7:00 PM Music Committee

### FRIDAY, December 21

6:00 PM WINTER SOLSTICE SERVICE

### SATURDAY, December 22

10:00 AM Choir Rehearsal  
7:00 PM Exploring the Bible #2

