

Sandwich Road Menu

Sunday, APRIL 7, 2019



10:00 AM SERVICE – *Not Knowing* Daniel Mark-Welch will speak on his experience at the UUA's summer seminary program, the variety of UU youth from around the country he met there, and the lessons he learned from them. Daniel grew up in the UUFF and is a member of the UUFF youth group. He is considering studying theology wherever he ends up in college.

THE CHOIR WILL BE TAKING THE DAY OFF – We look forward to hearing their beautiful voices soon.

RELIGIOUS EDUCATION – Classes will be held.

COFFEE HOUR – Snacks provided by the “1st Sunday” group (members and friends with last names A-D).

NATURE WALK – 11:15 AM – **Note the new time!** Come meet at the front entrance (inside if it is cold, outside if it is warm) right after the service. We will start with a reading then take a gentle stroll around the property looking for changes and discussing anything we notice about the plants, fungi, and animals we see. All are welcome. *The walk will be over in time for the Sermon Discussion at 11:30 AM.*

FAITH FORMATION COMMITTEE MEETING – 11:15 AM in the Library.

SERMON DISCUSSION – 11:30 AM in the East Wing. Discuss the sermon and its relevance to our lives.

ZEN FILM REVIEW – 2:00 PM in the Sanctuary. (See article below for more information.)

UPCOMING EVENTS AND ANNOUNCEMENTS

UUFF AUCTION THIS SATURDAY! We hope to see you at our annual auction on **Saturday, April 6 from 5-9 PM**. There are still tickets available--you may reserve them by contacting Ellen Todd at ellen@jackson-todd.com, or buy them at the door. We'll have a variety of retro favorites and updated versions of food from the 60s. Vegetarian and vegan dishes will also be available. If you aren't able to make it, don't forget that you can ask a friend to be your proxy bidder. Instructions are in the catalog that was emailed to everyone earlier in the week. If you did not receive the catalog, please let Ellen know and she will re-send it to you.



THIRD ANNUAL ZEN FILM REVIEW – On Sunday, April 7, at 2:00 PM at the Meetinghouse, we will host our third annual Zen Film Review with the Falmouth Soto Zen Sangha. Each year a film is chosen to help us look into how we practice our principles. In Zen this is called “Everyday Zen.” Our film this year is *Instructions to the Cook: A Zen Masters Recipe For Living A Life That Matters*. As we did last year, we will have a three-person panel commenting on the film, followed by general discussion. Refreshments will be provided and donations are accepted.

LADIES LUNCH will meet **Thursday, April 11, at noon** at Bucatino's Restaurant and Wine Bar (formerly The Beach House) at 7 Nathan Ellis Highway in North Falmouth (corner of Routes 151 and 28A). Please call Pam Morrone at 703-362-3313 or email her at pgm045@yahoo.com by April 8 for reservations.

SUNDAY SERVICE, April 14, 10:00 AM – *Giving Up God For Lent*

In the Christian tradition, it's common to “give up” something for the 40 days leading up to Easter, or to take on a special spiritual practice. This year, Rev. David gave up God for Lent, and has taken on Atheism as a spiritual practice to prepare for Easter. If this idea has you intrigued or scratching your head in confusion, then you'll want to make sure not to miss this service.

BROWN BAG BOOK BUNCH – The BBBB will meet **Wednesday, April 17 at noon** at the home of Barbara White, 11 View Crest Drive, West Falmouth. Char Owen will present the book. If you have any questions, contact Barbara at 508-331-4711.

FAITH FORMATION FACTS – Did you know that over 60 people of all ages from our Fellowship and from the community came to dance the night away last Friday? A wonderful time was had by all!



UUFF PASSOVER SEDER – On Wednesday, April 24 from 6:00 to 8:00 PM, UUFF is holding its fifth UU Passover Seder at the Meetinghouse. The event will be co-led by Jean and Lew Stern, and Rev. David and Nathan Kohlmeier. Sign up in the Meetinghouse lobby or email Lew Stern at lewstern@comcast.net. Please include the number of adults and children attending. Your donation of \$10 per adult will be accepted at the door to help to defray the costs of the dinner and event. Children are free. We look forward to seeing you there.

LOOKING FOR DELEGATES TO GENERAL ASSEMBLY – The newly reformed Denominational Affairs Committee is looking for volunteers to be official delegates to this year’s General Assembly, June 19-23 in Spokane, Washington. Please contact Nathan Wilson (nathan@collectivesource.com) if you are interested or want more information about this opportunity.

PLEDGE DRIVE WINDING DOWN – By this time, we have received many pledges, with many increasing their pledges to More! To those of you who have already committed to supporting the UUFF for fiscal year 2019-2020, THANK YOU! Those of you who haven't, PLEASE let us know your pledge so that we can start the budget process before our annual meeting. *John Jackson, Stewardship Committee*

GREEN TIPS –Whether you rent or own your home, you can get 25% of your electricity from wind and solar for about \$10 more per month, and that fee is deductible on your federal taxes. It feels really good to know that you are helping to cut greenhouse gases above the Cape and Islands and beyond. For more information go to <https://www.greenenergyconsumers.org/greenpower/howswitchingworks> or call the Green Energy Consumers Alliance at 401-861-6111.

COMMUNITY ANNOUNCEMENTS

CAPE COD LITERACY COUNCIL NEEDS VOLUNTEERS – Have you ever thought you would enjoy helping someone learn English? The Cape Cod Literacy Council (CCLC) trains volunteer tutors and matches them with immigrants who have requested a tutor. The spring training will be scheduled sometime in April or May. If you have questions, contact Jane Jackson at janebjackson@gmail.com or call the CCLC volunteer coordinator at 508-771-0211.

ANTI-SEMITISM HERE AND NOW – No Place for Hate Falmouth invites all to a book discussion and community conversation, **Monday, April 22 (new date) at 7:00 PM at the Falmouth Public Library.**

Sandwich Road Menu brings you the latest news and highlights of upcoming events for the Unitarian Universalist Fellowship of Falmouth, Massachusetts. It is emailed each Friday and folded into the Order of Service on Sunday. Send submissions for all UUFF publications, including the Sandwich Road Menu, to announce@uuffm.org. The deadline for submissions to the Sandwich Road Menu is **Tuesday at noon.**

MEETINGHOUSE CALENDAR

SUNDAY, April 7

- 10:00 AM Service & RE
- 11:15 AM Faith Formation Mtg
- 11:15 AM Nature Walk
- 11:30 AM Sermon Discussion
- 2:00 PM Zen Film Review

MONDAY, April 8

- 11:00 AM Guided Meditation
- 7:00 PM Choir Rehearsal

TUESDAY, April 9

- 1:00 PM Mah Jongg
- 1:00 PM Caring Committee Mtg.
- 3:30 PM Welcoming Committee
- 4:00 PM Membership Committee
- 7:00 PM Fellowship Group #2
- 7:00 PM Soto Zen Sangha

WEDNESDAY, April 10

- 7:00 PM Finance Committee Mtg.
- 7:00 PM Adult Ed Committee Mtg.

THURSDAY, April 11

- 8:00 AM Men’s Breakfast
- 12:00 PM Ladies Lunch
- 3:00 PM Fellowship Group #3
- 5:30 PM Women’s AA

FRIDAY, April 12

- 10:15 AM Exploring the Bible Grp #1

SATURDAY, April 13

- 7:00 PM Exploring the Bible Grp #2