

# Sandwich Road Menu

Sunday, May 12, 2019



## 10:00 AM SERVICE – *All Eyes on Bears Ears, Chloë Briedé*

The Obama administration took a number of steps towards land conservation. One of these steps was the creation of Bear Ears National Monument in Utah, which is under threat from both the Trump administration and the state legislature. We will examine how Bears Ears represents a new movement in conservation that centers Native American voices and their quest to preserve sacred land.

Chloë Briedé is a recent graduate of Harvard Divinity School. Before attending divinity school, she worked as a disaster responder for the American Red Cross in West Virginia. She is currently a chaplain resident at Massachusetts General Hospital. Chloë was raised Unitarian Universalist and is a candidate for ordination in the faith. She loves the outdoors and finds her spiritual grounding in nature.

**THE CHOIR WILL BE SINGING** – Choir rehearsal 9:00 AM.

**RELIGIOUS EDUCATION** – RE Sunday, Class Rehearsal and Mother's Day.

**SHARE THE PLATE** will benefit Cape Kid Meals. (See article below for more details.)

**COFFEE HOUR** – Snacks provided by the “2<sup>nd</sup> Sunday” group (members and friends with last names E-K).

**YOUTH GROUP** – 11:15 AM in the Youth Group Room.

**NATURE WALK** – 11:15 AM at the front entrance. All are welcome. *The walk will be over in time for the Sermon Discussion at 11:30 AM.*

**SERMON DISCUSSION** – 11:30 AM in the East Wing. During May, Sermon Discussions will focus on defining and sharing views on who might be a Humanist and what are Humanist values. All are welcome.

## UPCOMING EVENTS AND ANNOUNCEMENTS

**SHARE THE PLATE on May 12, 2019 will go to Cape Kid Meals.** The mission of Cape Kid Meals is to provide “food-insecure” children with food over the weekends during the school year. Food-insecure children are those who are dependent on free breakfast and lunch programs in the public schools. The program is modeled after, and works in cooperation with, the national program “Blessings in a Backpack.” Please give generously to this worthy organization.



**BROWN BAG BOOK BUNCH** will meet **Wednesday, May 15 at noon** at the home of Carolyn Powers, 77 Burnham Drive, Falmouth (near Falmouth Hospital). Judy Alden will present the book. If you have any questions, please contact Carolyn at 508-495-4953.

**TALK ON NET ZERO HOUSE** – What can you do to reduce the energy consumption of your own home? On **Wednesday, May 15 at 7:00 PM at the Meetinghouse**, Don Mallinson will explain how he designed and constructed his own energy-efficient house in East Falmouth seven years ago. He will identify, in hindsight, the half dozen changes he would have made in the beginning. He will also discuss construction costs. Extending his environmental concerns to automobiles, in 2017 Don bought a plug-in, all electric car. He will discuss the effects this has had on his house electrical system and his vehicle. The public is encouraged to attend.

## **SUNDAY SERVICE, May 19, 10:00 AM – Faith Formation Sunday**

At our Faith Formation Sunday service, we will be honoring the learning our children and youth have done throughout the year. We will hear from our Coming of Age class, and celebrate our two senior high school students who will bridge into our adult congregation. This will be a wonderful opportunity to celebrate our younger congregants and their teachers.

**GOVERNING BOARD LISTENING SESSION on May 19 at 11:30 AM** – The Governing Board will hold a listening session in the Sanctuary to receive input on the proposed FY 2020 budget. A preliminary draft of the budget will be available. Please come and provide your input.



**PRIDE POTLUCK** – The UUFF Welcoming Committee and the Upper Cape Pride Outreach Committee will co-host a potluck meal on **Sunday May 19th from 1:00 to 3:00 PM in the Sanctuary**. Members of the LGBTQ+ community in the Upper Cape are interested in opening a dialogue with the larger community. This event will offer an opportunity for discussion in an informal setting in order to identify mutual areas of possible cooperation and goals, and to plan further activities and social events. All are welcome!

**LOVING LISTENING** – From the day we were born, we all learn listening habits. Some of them show others we care, accept them unconditionally, and really want to hear what they have to tell us. Other things we do convey that we are more interested in our own thoughts and accept others on our own terms. We may think of ourselves as loving and caring, but the key is to show it in ways where others get the message and believe it.

Come join us on **Wednesday, May 22 at 7:00 PM at the Meetinghouse** for this 90-minute small-group, experiential workshop. It will help you become more aware of the messages you convey when you are trying to listen and show you care. This presentation can start you on your way to becoming a more loving listener.

**SUMMER FELLOWSHIP GROUP** – Fellowship Groups have been an important part of UUFF for many years. They allow folks to get to know one another and discuss topics of mutual interest in a small group setting. Several groups will be starting in September, but one group will take place in the summer, June through August. Groups are composed of 8-12 people who meet every two weeks; regular attendance and confidentiality are stressed. **The summer group usually meets Thursday afternoons** and will be led and organized by Mead Sommers, [capemead@comcast.net](mailto:capemead@comcast.net), 774-763-2300. If interested, please contact Mead or Judy Singer at [singer3219@aol.com](mailto:singer3219@aol.com).

### COMMUNITY ANNOUNCEMENTS AND EVENTS

**THE DEATH I WANT: A Talk on Medical Aid in Dying** – **Saturday, May 11 at 1:00 PM at the Jonathan Bourne Public Library**, 19 Sandwich Road, Bourne Village. Come hear Dr. Roger Kligler talk about his journey from physician, to patient, to advocate. The session will be followed by Q&A.

*Sandwich Road Menu brings you the latest news and highlights of upcoming events for the Unitarian Universalist Fellowship of Falmouth, Massachusetts. It is emailed each Friday and folded into the Order of Service on Sunday. Send submissions for all UUFF publications, including the Sandwich Road Menu, to [announce@uuffm.org](mailto:announce@uuffm.org). The deadline for submissions to the Sandwich Road Menu is **Tuesday at noon**.*

### MEETINGHOUSE CALENDAR

#### SUNDAY, May 12

9:00 AM Choir Rehearsal  
 10:00 AM Service & RE  
 11:15 AM Nature Walk  
 11:15 AM Youth Group  
 11:30 AM Sermon Discussion

#### MONDAY, May 13

7:00 PM Choir Rehearsal

#### TUESDAY, May 14

1:00 PM Mah Jongg  
 1:00 PM Caring Committee  
 3:30 PM Welcoming Committee  
 7:00 PM Soto Zen Sangha  
 7:00 PM Fellowship Group #2

#### WEDNESDAY, May 15

12:00 PM Brown Bag Book Bunch  
 3:00 PM Partners Grief Support Group  
 5:00 PM Lay Ministry Team  
 7:00 PM Adult Ed Program:  
*Net Zero House*

#### THURSDAY, May 16

8:00 AM Men's Breakfast  
 9:45 AM B&G Committee  
 5:30 PM Women's AA  
 7:00 PM Governing Board Meeting  
 7:00 PM Music Committee

#### FRIDAY, May 17

6:00 PM Parent Social Group

#### SATURDAY, May 18

7:00 PM Exploring the Bible #2