



Sandwich Road Menu

Sunday, May 19, 2019

10:00 AM SERVICE – *Faith Formation Sunday*

At our Faith Formation Sunday service, we will be honoring the learning our children and youth have done throughout the year. We will hear from our Coming of Age class, and celebrate our two senior high school students who will bridge into our adult congregation. This will be a wonderful opportunity to celebrate our younger congregants and their teachers.

THE CHOIR WILL BE SINGING – Choir rehearsal 9:00 AM.

RELIGIOUS EDUCATION – There will be no classes. All are welcome at the Multi-Generational Service.

COFFEE HOUR – Snacks provided by the “3rd Sunday” group (members and friends with last names L-R).

EQUAL EXCHANGE FAIR TRADE CHOCOLATE SALE – Julia Withers will be selling chocolate after the Service. Please bring cash or a check for your purchases. If you have any questions, please contact Julia at jmwithers6@gmail.com.

GOVERNING BOARD LISTENING SESSION – 11:30 AM in the Sanctuary. The Governing Board will hold a listening session to receive input on the proposed FY 2020 budget. A preliminary draft of the budget will be available. Please come and provide your input.



PRIDE POTLUCK – 1:00-3:00 PM in the Sanctuary. (See below for more information.)

UPCOMING EVENTS AND ANNOUNCEMENTS

PRIDE POTLUCK – The UUFF Welcoming Committee and the Upper Cape Pride Outreach Committee will co-host a potluck meal on **Sunday May 19th from 1:00 to 3:00 PM in the Sanctuary**.

PRIDE
potluck

Members of the LBGTQ+ community in the Upper Cape are interested in opening a dialogue with the larger community. This event will offer an opportunity for discussion in an informal setting in order to identify mutual areas of possible cooperation and goals, and to plan further activities and social events. All are welcome!

ADULT ED PROGRAM *LOVING LISTENING* – From the day we are born, we all learn listening habits. Some of them show others we care, accept them unconditionally, and really want to hear what they have to tell us. Other things we do convey that we are more interested in our own thoughts and accept others on our own terms. We may think of ourselves as loving and caring, but the key is to show it in ways where others get the message and believe it.

Come join us on **Wednesday, May 22 at 7:00 PM at the Meetinghouse** for this 90-minute small-group, experiential workshop. It will help you become more aware of the messages you convey when you are trying to listen and show you care. This presentation can start you on your way to becoming a more loving listener.

SUNDAY SERVICE, May 26, 10:00 AM – *Every Part Related*

Two of the greatest thinkers in our Unitarian history were Ralph Waldo Emerson and Henry David Thoreau. In this service, we'll look at what these two thinkers had to say about God, the interdependence of all things, and living a meaningful life.

This sermon topic was chosen by Izzie Williams, winner of last year's *Sermon Topic* prize at the UUFF auction.



CALLING ALL BAKERS!! You are invited to be part of a Cake Baking Contest to help celebrate our 60th birthday! Entries will be judged by a panel of experienced cake eaters! We will be looking at appearance, originality, and humor. There will be fun prizes for the winners and lots of community praise! **When?** Sunday June 2 after the service—submissions will be accepted between 9 and 10 AM. **Why?** To share in celebrating 60 years of fellowship. **Who?** You!! Please contact Aja Frigon at ajalpatton@yahoo.com if you have any questions.

THE HISTORY OF UNITARIANS IN FALMOUTH – Read a brief, fascinating article recently added to our website on the history of Unitarians in Falmouth, just published by the Falmouth Historical Society. You'll find it under the “About Us” tab, then scroll down to “History of our Fellowship.” The link is at the bottom of the page. Enjoy! <https://uuffm.org/about-us/uuff-history/>

SUMMER FELLOWSHIP GROUP – Fellowship Groups have been an important part of UUFF for many years. They allow folks to get to know one another and discuss topics of mutual interest in a small group setting. Several groups will be starting in September, but one group will take place in the summer, June through August. Groups are composed of 8-12 people who meet every two weeks; regular attendance and confidentiality are stressed. **The summer group usually meets Thursday afternoons** and will be led and organized by Mead Sommers, capemead@comcast.net, 774-763-2300. If interested, please contact Mead or Judy Singer at singer3219@aol.com.

TREASURER’S ALERT – **June 15 is the deadline for submitting all expenses** you have incurred by this date to Gail Donkin, treasurer. All expenses after June 15 need to come in ASAP! Gail tries not to have to write checks on June 30, but will if necessary. Think of June 15 as THE DEADLINE for anything this year you have not yet submitted. The Finance Committee has a new policy that deals with expense reimbursements—it will be up on the bulletin board for you to read. Please contact Gail Donkin with any questions.



COMMUNITY ANNOUNCEMENTS AND EVENTS

HORIZONS FOR HOMELESS CHILDREN currently has a critical need for volunteers to play with homeless children in Falmouth and Hyannis. This past year, they served more than 3,420 homeless children in southeastern MA and Cape Cod—but the need continues to grow. If you can give just two hours a week, the next volunteer training sessions are Saturday, May 18, 9:30-12:30 in Boston; and Thursday, June 9, 6:00-9:00 PM in West Bridgewater. Call 508-510-3250 or email www.horizonschildren.org to sign up or for more information.

Sandwich Road Menu brings you the latest news and highlights of upcoming events for the Unitarian Universalist Fellowship of Falmouth, Massachusetts. It is emailed each Friday and folded into the Order of Service on Sunday. Send submissions for all UUFF publications, including the Sandwich Road Menu, to announce@uuffm.org. The deadline for submissions to the Sandwich Road Menu is **Tuesday at noon**.

MEETINGHOUSE CALENDAR

SUNDAY, May 19

- 9:00 AM Choir Rehearsal
- 10:00 AM Multi-Gen. Service
- 11:30 AM Board Listening Session
- 1:00 PM Pride Potluck

MONDAY, May 20

- 7:00 PM Choir Rehearsal

TUESDAY, May 21

- 1:00 PM Mah Jongg
- 1:30 PM Fellowship Group #1
- 4:00 PM Social Action Committee
- 4:30 PM Alt. Gift Mkt. Committee
- 7:00 PM Soto Zen Sangha

WEDNESDAY, May 22

- 7:00 PM Adult Ed Program:
Loving Listening

THURSDAY, May 23

- 8:00 AM Men’s Breakfast
- 3:00 PM Fellowship Group #3
- 5:30 PM Women’s AA

SATURDAY, May 25

- 7:00 PM Exploring the Bible #2