

Sandwich Road Menu

For the Week of October 18, 2026



Pete Grinnell, a longtime, beloved member of UU Falmouth, died in late September. A memorial service will be held on Saturday, November 14 at 10 AM at the Meeting House and via Zoom. Rev. Rali will officiate. All are welcome to attend.

SUNDAY SERVICE October 18, 2026 at 10 AM at the Meeting House and via Zoom

“Keep Your Eyes Wide Open” led by Rev. Rali; service associate Noreen Cavanaugh. We will consider the ways to stay awake with our eyes wide open in these difficult times.

Share the Plate will go to Compassionate Care ALS West Falmouth. Compassionate Care ALS (CCALS) is a nonprofit organization with a mission to support people diagnosed with ALS, their families, healthcare providers, and communities as they navigate the complexities, both physical and emotional, associated with the disease.

COFFEE HOUR: As October 18 will be the third Sunday of the month, we ask **people with last names beginning with M-R** to bring a snack to share and stay to help clean up.

LEARN HOW TO SELL GROCERY CARDS ON SUNDAYS – The Social and Environmental Action Committee sells grocery cards every Sunday to raise funds to assist local non-profits.

On Sunday October 18 at 9 AM (or at a time convenient to you) **we will be pairing up new volunteers with those who have done it a long time so you can learn the ropes.** It's easy, it's fun, and it's for a great cause! Contact Pam Morrone if you have any questions.



SUNDAY SERVICE October 25, 2026 at 10 AM at the Meeting House and via Zoom

“Neighbors Everywhere: Building Connection with UUSC” led by Rev. Laura Randall, UUSC; service associate Julie DeSorgher. This Sunday we will consider what it takes to change and whether we have the courage to change the things we can. Justice movements are born out of and sustained by community connection. When human rights and international aid are under attack, we must show up for all our neighbors, both locally and globally. The Unitarian Universalist Service Committee's (UUSC) partners demonstrate what neighboring means in action, showing how community care transcends borders. Join us as we welcome Rev. Laura Randall who will share stories of neighbors who are using the power of community solidarity to forge a new way.



Share the Plate will go to the Unitarian Universalist Service Committee to support all the important work done by UUSC.

COFFEE HOUR: As October 25 will be the fourth Sunday of the month, we ask **people with last names beginning with S-Z** to bring a snack to share and stay to help clean up.

HAVE YOU FILLED OUT YOUR ORDER OF SERVICE SURVEY? – The Religious Services Committee would like your feedback on recent adjustments to the Order of Service. If you haven't already, please click on this link and fill out the survey. <https://forms.gle/1F8zD94wAr7ResKYA>. We want to hear from you. Thank you!

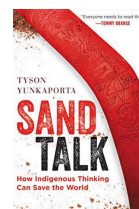


UU FALMOUTH COMMITTEES AND GROUPS FAIR, Sunday, October 25 at 11 AM at the Meeting House. We are a community of doers—and we have FUN! Did you know there are over 20 different committees and groups at UU Falmouth? Are you interested in social justice? Do you want to help grow our membership? Is your goal to have fun and increase your social connections? Are you artistic? Do you have time for a short project but not a long-term commitment? Are you seeking spiritual growth?



Come find out what various committees and groups are doing at UU Falmouth and learn about ways you might want to get involved. There is something for everyone!

L.I.N.K. (Linking Indigenous and Non-Indigenous Knowledge) BOOK GROUP, Friday, October 30 at 1:30 PM at the Meeting House. Last month's book, *Sand Talk: How Indigenous Thinking Can Save the World* by Tyson Yunkaporta, was so popular that participants have opted to talk about the book for another month. Whether or not you have read the book, please come. It promises to be a very thought-provoking discussion. Please let us know if you are coming at: CBGplanners@linkcapecod.org



If you want to attend via zoom, use the following link:

<https://us06web.zoom.us/j/88388051936?pwd=S71CTJlrcb2xjPvBFBxY317k8MNRL5.1>



HABITAT FOR HUMANITY NEEDS SNACKS – Four houses in Falmouth and one in Pocasset will be built this year. As we have done in the past, UU Falmouth members will be donating snacks at the Habitat coffee break times. If you are willing to provide snacks or if you would like more information, please contact Pam Morrone as soon as possible.

NEW, EASY WAY TO SIGN UP FOR SUNDAY FLOWERS! I hope you have enjoyed the beautiful flowers that people have brought in for Sunday service. If you would like to bring flowers (they can be in memory or honor of someone), now you can do it easily and quickly online through this link:

<https://www.signupgenius.com/go/10C0445A9AF2AA4FECF8-64950321-flowers>

If you'd rather not sign up online, you can always call Judy Lynch at 914-282-0378.



MEETING HOUSE CALENDAR

Red = Congregation-wide events open to all.

SUNDAY, October 18

- 9:00 AM** Learn how to sell food cards
- 10:00 AM** Sunday Service
- In Person and Zoom**
- 11:15 AM** Coffee Hour/Grocery cards
- 11:30 AM** Sermon Discussion

MONDAY, October 19

- 6:30 PM Choir Rehearsal

TUESDAY, October 20

- 8:00 AM** Breakfast Bunch
- 1:00 PM** Mah Jongg
- 6:00 PM** Facing Mortality Reading Group

WEDNESDAY, October 21

- 9:30 AM Writing Time
- 12:00 PM** Brown Bag Book Bunch
- 1:00 PM** Sit and Stitch Group

THURSDAY, October 22

- 8:00 AM** Men's Breakfast
- 10:00 AM Soul Matters Group #1
- 2:00 PM Chimes Ensemble
- 3:30 PM Fellowship Group #3

FRIDAY, October 23

- 10:00 AM Writers Path
- 12:00 PM** Grief Group

SATURDAY, October 24

- 9:00 AM Soul Matters Group #2

