

Sandwich Road Menu

For the Weeks of November 23 *AND* 30, 2025



SUNDAY SERVICE November 23, 2025 at 10 AM at the Meeting House and via Zoom.

“Life on the Gender Continuum” led by Rev. Rali Weaver; service associate, Scott Fitzmaurice.

We will explore the fluid and diverse nature of gender, embracing it as a spectrum rather than a fixed binary. By reflecting on the teachings of love, acceptance, and justice, we seek to understand how our Unitarian Universalist values call us to honor and celebrate the unique identities of all people.

COFFEE HOUR: As November 23 will be the fourth Sunday of the month, we ask people **whose last names begin with S-Z** to bring a snack to share and stay to help clean up.

SAFETY DAY – Be Prepared! Be safe! Be UU! Sunday, November 23 following the service.

After our worship service on Sunday, November 23, stick around! We’re all about fellowship, but we also need to be prepared. The fabulous Cynthia Dyer will review the safety protocols to ensure everyone’s safety and well-being in the event of a health emergency. Let’s do our part to keep our Fellowship the safest and most responsible spot in town. Don’t miss out on this short but vital meeting! **Lunch will be provided.**



END ZONE READING GROUP: *Exploring Life, Death, and Grief*, hosted by Rev. Rali, Tuesday

November 25 and every Tuesday from 6-7:30 PM only on Zoom. In this group, we will explore topics of mortality, peace, grief, and the sacred work of preparing for the end of life through three thoughtful and transformative books. The book for November is ***No Death, No Fear: Comforting Wisdom for Life* by Thich Nhat Hanh**. This is a gentle yet profound look at understanding the continuous nature of life and how to transform our fear of death.



To sign up and receive the Zoom login, please contact Rev. Rali at minister@uuffm.org or email admin@uuffm.org.

SPIRITUALITY DISCUSSION GROUP with Lisa Jo Rudy and Rev. Rali Weaver Wednesday, November 26 (and every other week) at 4 PM at the Meeting House. Are you curious about the deeper questions of life? Do you seek a sense of connection to something larger than yourself? Join us every other Wednesday for an enriching discussion group where we explore spirituality through diverse lenses—inviting both new ideas and ancient wisdom.



***November 26 Topic: “Is synchronicity more than coincidence?”** We’re thinking about an old friend and they call us out of the blue. You see the number 16 over and over again all day long. Is it just coincidence or is there something more to this type of synchronicity?

Whether you come with deep spiritual convictions or simply a sense of wonder, all perspectives are welcome. Bring your questions and your experiences as we navigate these timeless mysteries together.

3rd ANNUAL POTLUCK CELEBRATION OF HARVEST AND GRATITUDE, Thursday, November 27 at 2 PM at the Meeting House. Members and friends are welcome to join us at the Meeting House—and to bring friends or family—for a festive celebration of harvest and gratitude.



A roast turkey will be provided; others are asked to bring their favorite side dishes or desserts to round out the meal. Doors will open at 2 PM; dinner will be served around 3 PM. **Please sign up on the sheet in the foyer so we know how big a turkey to order. Also sign up to help with clean-up or other tasks.**

Contact Ellen Todd (ellen@jackson-todd.com) or John Jackson (john@jackson-todd.com) if you have any questions.

SUNDAY SERVICE November 30, 2025 at 10 AM at the Meeting House and via Zoom.

“The Texture of Our Lives” led by Ellen Todd; service associate, Izzie Williams. A few months ago, another member of our Fellowship noticed that I was knitting before the service. She is also a knitter and challenged me to do a sermon on knitting. After giving it some thought, I realized that knitting makes a good metaphor for life. Sometimes we do everything right and are pleased with what we’ve easily created. Other times, we make mistakes, figure out how to fix them and end up pleased with our results. And sometimes we make such a tangled mess that we have to throw things out and start over. Most of us experience more than one of these as we create the texture of our lives.

WINTER COATS, HATS, MITTENS NEEDED! During November we are collecting **gently used adult winter coats, jackets, hats, gloves and scarfs**. Please put them on the rack in the foyer. They will be donated to those in need through the Falmouth Service Center, Duffy Health Care Services, and at the Tuesday/Thursday lunch events at St. Barnabas.



MEETING HOUSE CALENDAR

Red = Congregation-wide events open to all

SUNDAY, November 23

10:00 AM Sunday Service
In Person and Zoom
11:15 AM SAFETY DAY!
11:15 AM Coffee Hour/Grocery cards
11:30 AM Sermon Discussion

MONDAY, November 24

6:30 PM Choir Rehearsal

TUESDAY, November 25

8:00 AM Breakfast Bunch
1:00 PM Mah Jongg
1:30 PM Fellowship Group #1
6:00 PM End Zone Reading Group

WEDNESDAY, November 26

9:30 AM Writing Time
4:00 PM Spiritual Discussion Group

THURSDAY, November 27

THANKSGIVING DAY

2:00 PM Harvest Celebration Potluck

FRIDAY, November 28

10:00 AM Writer’s Path Group
1:00 PM Grief Group

SUNDAY, November 30

10:00 AM Sunday Service
In Person and Zoom
11:15 AM Coffee Hour/Grocery cards
11:30 AM Sermon Discussion

MONDAY, December 1

6:30 PM Choir Rehearsal
7:00 PM Soc. & Envir. Action Committee

TUESDAY, December 2

8:00 AM Breakfast Bunch
10:30 AM Religious Services Committee
1:00 PM Mah Jongg
6:00 PM End Zone Reading Group

WEDNESDAY, December 3

9:30 AM Writing Time

THURSDAY, December 4

8:00 AM Men’s Breakfast
1:00 PM Chimes Ensemble

