

Sandwich Road Menu

For the week of January 14, 2024



The Theme for January is *The Gift of Liberating Love*

SUNDAY SERVICE January 14, 2024 at 10 AM. Mini Service & Mini Breakfast, led by the Social and Environmental Action Committee; service associate Judy Andrade. SEAC will lead this service with a focus on Eco-Justice. Our good friend and environmental activist Lew Stern will participate in the program; and Pam Morrone will lead a demonstration on composting. A mini breakfast provided by the SEAC Committee will follow the service.



SHARE THE PLATE on January 14 will go to the Cape Cod Climate Change Collaborative (CCCCC). The mission of CCCCC is to reduce ways in which the Cape & Islands region contributes to climate change and to protect our region from its impacts. It brings together key individuals and organizations to ensure timely climate solutions and ensure climate justice. It also advocates at the county, state, and national levels to get the needed resources to protect the Cape.

NOTE: With Share the Plate at UU Falmouth, 50% of the funds collected during the service go to the organization. The rest goes to the UU Falmouth operating budget.

THE BREAKFAST GROUP meets every Tuesday at 8 AM. at Betsy's Diner, 457 Main Street in Falmouth. All are welcome. For more information, contact Reed Walsh via admin@uuffm.org.



SCIENCE VOLUNTEERS NEEDED. A coaching/mentoring volunteer program is underway with Falmouth public schools to help science students. Volunteer opportunities are available at the **high school** to help students prepare for the science fair in late February when judges will also be needed. **Middle school** students can use help for their Earth Day celebration in April. **First graders at Mullen Hall** can use volunteers with their water study at a local pond on May 30.



You do not need to be a scientist to help these kids. If you have questions or would like to volunteer, please call Judy Lynch at 914-282-0378 or via admin@uuffm.org.

L.I.N.K. (Linking Indigenous & Non-Indigenous Knowledge) PROGRAM—An educational series starting Saturday, January 20 from 1:00-3:00 PM at the Meeting House.

UU Falmouth is collaborating with L.I.N.K. to offer monthly events with educators from the Wampanoag Tribe to teach the local non-Native community about the true history and culture of the Wampanoag people.

First Light Flashback, the first program in the series, is a dramatic enactment reflecting the personal experience and Tribal history of "People of the Dawn" from pre-European contact to the present day. Performer Annawon Weeden, from the Mashpee Wampanoag and Narragansett tribes, has been awarded a Congressional Honor as Culture Bearer for the entire New England region for his continued efforts to correct misinformation and misrepresentation of Indigenous people.



L.I.N.K. is a local non-profit Cape Cod organization seeking pathways to understanding and reciprocity between the non-Native community and the Wampanoag Nation. Their long-term goal is to contribute to building authentic relations and partnerships with Wampanoag members by listening to and honoring Native needs and concerns, as well as recognizing their contributions. L.I.N.K. seeks active collaboration with community groups and organizations like UU Falmouth to change the current environment of societal injustice and to heal relations. All programs are open to the public. More information can be found on their website: linkcapecod.org.

SUNDAY SERVICE January 21, 2024 at 10 AM. *Why Make Resolutions*, led by Dan Joslin; service associates Judy Andrade and Izzie Williams. Sangaku Dan Joslyn, founder and guiding teacher of the Falmouth Soto Zen Sangha will look into the history of New Year resolutions. This will include how we view change—its rate of speed, its benefits, and the psychological impact of success and failure—while also offering a possible alternative method.

HELP REGISTER NEW VOTERS! The Social and Environmental Action Committee (SEAC) will be holding a postcard/letter writing session **at the Meeting House after the service on Sunday, January 21, 2024**. This will be an effort to register Independents and Democrats in swing states to vote in this year's elections. It is estimated that 60% of unregistered voters have never been asked to register. However, 26% of those asked actually do register! No time like 2024 to be of service! See you on the 21st!



COMMUNITY ANNOUNCEMENT

IT'S BIGGER THAN ROE. The urgency is clear—the fight for a woman's right to abortion is *NOW*. **The Upper Cape Women's Coalition is holding a rally on the Falmouth Town Green on January 20 at 1 PM to find out what we need to do for the 2024 elections!**



Join them, along with health care providers and elected officials, to make a pledge to get out the vote and protect women's safety, health and autonomy. Bring your signs and your energy. Dress for the cold!

Red = Congregation-wide events open to all.

For the location of events not on Zoom, please see the appropriate articles above.

SUNDAY, January 14

**10:00 AM Sunday Service-Mini-service,
Mini-breakfast - In Person and Zoom**
11:15 AM Coffee Hour/Grocery cards
11:30 AM Sermon Discussion Circle

MONDAY, January 15

Martin Luther King Day Jr.

6:30 PM Choir Rehearsal

TUESDAY, January 16

8:00 AM Breakfast Group
1:00 PM Mah Jongg
4:00 PM Fellowship Tea-Zoom

WEDNESDAY, January 17

9:30 AM Writing Time
12:00 PM Brown Bag Book Bunch
3:00 PM Partners in Grief Support

THURSDAY, January 18

8:00 AM Men's Breakfast-Zoom
1:00 PM Audit Team
7:00 PM Governing Board Meeting

FRIDAY, January 19

2:00 PM 3-Year Planning Task Force

SATURDAY, January 20

1:00 PM L.I.N.K. Program