

Sandwich Road Menu

For the week of January 15, 2023



January Theme: *Finding Our Center*

ALL-CONGREGATION MEETING January 15 at 11:30 AM at the Meeting House and via Zoom. There will be a special all-congregation meeting after the service on January 15 to discuss more about filling the Board vacancies and to share the results of the focus group meetings. It will take place at the Meeting House and via Zoom. THE LOGIN WILL BE THE SAME AS THE SUNDAY SERVICE.

SUNDAY SERVICE January 15, 2023 at 10 AM (In-person at the Meeting House and via Zoom)
Science and Spirituality: Understanding and Treating Substance Use Disorder - Steve Treistman and Rev. Saramaria Allenby. Substance Use Disorder (SUD) brings pain to both those who suffer from it and their loved ones. Understanding the causes and treatment of this disease is a global imperative. We will talk about SUD from the perspectives of science and spirituality. We will discuss how these perspectives differ and where they combine to provide synergy in our understanding of SUD.

COFFEE HOUR REMINDER: Snacks on Sunday, January 15 will be provided by **households with last names L-Q**. Thank you!



COFFEE HOUSE WITH DAWNA HAMMERS, Sunday, January 15 at 3 PM at the Meeting House.



Singing the Dream! A Martin Luther King Tribute. Please join visionary songwriter, recording artist, and song leader Dawna Hammers as we listen to her inspiring, original songs about Dreams, Diversity, Peace and Love. Like the brave people of the Civil Rights era, let's join our voices in spirit to create the dream of unity! All are welcome to come sing or just sit back and listen. For more information visit <http://www.DawnaHammers.com/home>.

“THE LAYERS” Wednesday, January 18 at 7 PM via Zoom. The Rev. Laurel Hallman will lead a Zoom teaching on “The Layers,” a poem by Stanley Kunitz. He wrote it toward the end of his life after experiencing significant losses. He also has some good advice for us. Rev. Hallman is a retired UU minister and a member of the UU Falmouth congregation. From 2016-17 she served as the Interim Minister at UU Falmouth. For a copy of the poem, click here: <https://www.poetryfoundation.org/poems/54897/the-layers>

AUCTION PLANNING - Saturday, January 21 At 1 PM. It's time to start some serious planning for our spring fundraiser. We're trying something new this year with an **Auction & Marketplace event, scheduled for early May**. Let's gather at the Meeting House to discuss ways to make an event that will attract people in the greater community. We need volunteers to help with tasks that are large and small, and we especially need someone to help Ellen Todd with overall organization during the next month or two.

SUNDAY SERVICE January 22, 2023 at 10 AM (In person at the Meeting House and via Zoom)
A 50 Year Freedom, Lost - The Rev. Joe Cherry. On the 50th Anniversary of the historic Supreme Court decision that guaranteed abortions in the United States, Rev. Joe will share the history, frustrations and hopes for the story of where we are now.

KEEPING OUR CHILDREN SAFE: A Safe Community Means We Are All Accountable, Tuesday, January 24 at 7 PM at the Waquoit Church, 15 Parsons Lane, East Falmouth. Join us to hear Chris Morin from Independence House, the Cape's leading resource, counseling and advocacy center to address and prevent domestic and sexual violence. Come hear how we, as a faith community, can each be part of preventing harm to our children. The event is co-sponsored by UU Falmouth Whole Life Learning and the Waquoit Church.



DATE WITH DEATH CLUB – “Dying, Death & Poetry,” Wednesday, January 25 at 6:30 PM via Zoom. Join us for the fourth session of the 2022-2023 *Date with Death Club* curriculum, facilitated by our host death educator Heather Massey and Zoom host Saramaria Allenby.



Reflecting upon dying and death can sound morbid, but really it can connect us with what is truly meaningful in our lives, as well as with beauty in the world and gratitude in our hearts. This session will use easy-to-understand poetry to help us find our own way of understanding our mortality.

Free and open to all! To learn more about the *Date with Death Club*: <https://datewithdeathclub.com/>.

CREATIVITY CONTINUED, Sunday, January 29 from 1-4 PM at the Meeting House. A follow-up from the *Book of Possibility* workshop in November, this is now a MONTHLY creativity group! Bring what you are working on, painting, stitching, drawing, writing, or creating. Join us for fellowship, community, conversation, and for a nice afternoon of gathering together to be creative! Whole Life Learning will bring drinks and snacks to share.

FEBRUARY 7th IS NATIONAL BLACK HIV/AIDS AWARENESS DAY, a day to acknowledge progress in HIV prevention and care among Black/African American people, while recognizing the work that is still needed. Learn more at <http://bit.ly/3HHnwOY>. Contact the UU Falmouth Welcoming Congregation Committee via admin@uuffm.org with any questions or to join the committee.

COMMUNITY ANNOUNCEMENTS

REV. DR. MARTIN LUTHER KING, JR. NATIONAL HOLIDAY BREAKFAST, Monday, January 16 at 9:15 AM, Sea Crest Resort, North Falmouth. Hosted by No Place for Hate. Space is limited. Tickets will be sold at the door if space is available: \$30 for adults, \$20 for students. For more information, go to www.npffalmouth.org.

UU FALMOUTH MEMBER DR. BOB REECE will discuss his new book, *The Lewellyns from Vincennes*, on **Wednesday, January 18 at 1 PM at the West Falmouth Library**. All are welcome to attend.



50th ANNIVERSARY OF ROE v. WADE WEEKEND OF EVENTS: * Saturday, January 21 at 1 PM there will be a Women’s March at Peg Noonan Park, Falmouth. Register here: <https://action.womensmarch.com/events/biggerthanroe>. *** Sunday, January 22 at 4 PM there will be a virtual panel discussion of “The Janes,”** a movie which tells the powerful story of a group of women in the early 70’s who risked arrest for helping nearly 11,000 women obtain underground abortions. Watch the movie on HBOMAX with a free link provided after registration: bit.ly/IMCJanes.

MEETING HOUSE CALENDAR

Red = Congregation-wide events open to all.

For the location of events not on Zoom, please see the appropriate articles above.

SUNDAY, January 15, 2023

- 10:00 AM Sunday Service-In Person/Zoom**
- 11:15 AM Coffee Hour**
- 11:30 AM All-Congregation Meeting-Hybrid**
- 3:00 PM Coffee House**

MONDAY, January 16

- 6:30 PM Choir Rehearsal

TUESDAY, January 17

- 8:00 AM Breakfast Group**
- 8:30 AM Secular Meditation-Zoom**
- 1:00 PM Mah Jongg**
- 4:00 PM Fellowship Tea-Zoom**
- 7:15 PM Fellowship Group #2

WEDNESDAY, January 18

- 9:30 AM Writing Time
- 11:00 AM Staff Meeting
- 1:00 PM Brown Bag Book Club--meet at W. Falmouth Lib. for the Bob Reece talk.**
- 3:00 PM Partners Grief Support Group
- 7:00 PM “The Layers” Poem Talk-Zoom**

THURSDAY, January 19

- 8:00 AM Men’s Breakfast**
- 12:00 PM Fellowship Lunch-Zoom**
- 7:00 PM Governing Board**

SATURDAY, January 21

- 10:00 AM OWL Class
- 1:00 PM Auction Planning Meeting**