

Sandwich Road Menu

For the week of January 26 *and* February 2, 2025



Long-time member Joann Allard passed away in December. A memorial will take place at UU Falmouth on Saturday, January 25 at 1:30 PM at the Meeting House and via Zoom. All are welcome to attend.

SUNDAY SERVICE January 26, 2025 at 10 AM at the Meeting House and via Zoom. “Call and Response” led by Matt Meyer; service associate Judy Andrade. Singing out and singing together are part of the creation story of humanity. When our ancestors felt worried or alone, they called out into the darkness with song, and their community would respond in harmony. Join us for a service of song and silence, and an exploration of call and response. When times are uncertain, let's gather to celebrate the communities where we practice love and resilience.

Matt is a musician and worship leader who has led hundreds of services for UU congregations across the country. He has a degree in hand drumming and serves as Director of Community Life for Sanctuary Boston.

PLEASE NOTE: All announcements to be read during the service must be given in advance to Judy Andrade, service associate.

COFFEE HOUR: As January 26 is the fourth Sunday of the month, **we ask people whose last names begin with R-Z** to bring a snack to share and stay to help cleanup.

SUNDAY SERVICE February 2, 2025 at 10 AM at the Meeting House and via Zoom. “Draw the Circle Wide” led by Rev. Rali; service associate Steve Treistman. As we gather as a community united by our shared values and beliefs, we recognize the importance of embracing diversity and expanding our connections. The call to draw our Unitarian Universalist circle wider invites us to reflect on the ways we can welcome new perspectives, experiences, and stories into our midst. As we explore this theme, let us consider not only how we can enrich our own lives but also how we can foster understanding and compassion in our broader communities.

“EXPLORING THE NATURE OF REALITY” SERIES continues at the Meeting House and via Zoom. Please join us as we continue our bi-weekly series “Exploring the Nature of Reality.” Each session will have a facilitator who will present different perspectives on reality and opportunities to explore them individually and as a group.



February 12 at 7 PM “Our Psychology and Subjectivity” – led by Lew Stern at the Meeting House and via Zoom. What each of us experiences as “real” depends on who we are psychologically: our past experiences, beliefs, emotions, hopes, and perspectives. We also share group realities with those around us: our family, culture, and peers. We will explore our unique individual and shared realities and how they impact us by observing and participating in experiences together and in small groups.



FEBRUARY GROCERY CARD SALES—WITH LOVE! We LOVE those of you who make a donation or purchase Grocery Cards each Sunday. So, in February you will receive a heart-shaped sugar cookie with every purchase or donation. Remember, you buy the cards at face value but then the stores donate 5% of the sale to us, which the SEAC then donates to local charities. Cards are on sale after in-person services during coffee hour. If you're unable to purchase in person, we can also deliver them to you. Please contact Pam Morrone at admin@uuffm.org for additional information or questions. Thank you for your support.

NEWS FROM THE LIBRARY. Thanks to Rev. Rali for generously donating historical books from her private collection to our library. They will be displayed in the tall bookcase on the right-hand side. They will be available for reading in the library, but because of the nature of the collection, we ask that they not be checked out. Thank you for your ongoing support. We appreciate your comments and feedback. If you have any questions, contact Joan Vaughan at admin@uuffm.org.



MAKE AN APPOINTMENT TO MEET WITH REV. RALI! Rev. Rali will be back at UU Falmouth from 9 AM–5 PM January 31, February 1, 2, 3, and 14, 15, 16, 17, and 28. You can contact her at minister@uuffm.org or call her at 617-459-5979. If you would like to make an appointment with her, please use this convenient booking link: <https://revraliweaver.youcanbook.me>.



Red = Congregation-wide events open to all.

SUNDAY, January 26

- 10:00 AM Sunday Service-In Person and Zoom**
- 11:15 AM Coffee Hour/Grocery cards**
- 11:30 AM Sermon Discussion**

MONDAY, January 27

- 6:30 PM Choir Rehearsal

TUESDAY, January 28

- 8:00 AM Breakfast Bunch**
- 1:00 PM Mah Jong**
- 1:30 PM Fellowship Group #1
- 4:00 PM Fellowship Tea-Zoom**

WEDNESDAY, January 29

- 9:30 AM Writing Time

THURSDAY, January 30

- 8:00 AM Men's Breakfast**
- 3:00 PM Chimes Workshop**

FRIDAY, January 31

- 6:30 PM Expressive Movement**

SUNDAY, February 2

- 10:00 AM Sunday Service-In Person and Zoom**
- 11:15 AM Coffee Hour/Grocery cards**
- 11:30 AM Sermon Discussion**

MONDAY, February 3

- 10:15 AM Religious Services Committee
- 6:30 PM Choir Rehearsal

TUESDAY, February 4

- 8:00 AM Breakfast Bunch**
- 1:00 PM Mah Jong**
- 4:00 PM Fellowship Tea-Zoom**

WEDNESDAY, February 5

- 9:30 AM Writing Time
- 1:00 PM Committee on Ministry
- 3:00 PM Partners Grief Support Group

THURSDAY, February 6

- 8:00 AM Men's Breakfast**
- 10:15 AM B&G Meeting
- 1:00 PM Chimes Ensemble**
- 3:00 PM Chimes Workshop**

SATURDAY, February 8

- 10:00 AM Prostate Survivors Group**

