

# Sandwich Road Menu

For the Week of December 7, 2025



**SUNDAY SERVICE December 7, 2025 at 10 AM at the Meeting House and via Zoom.**

**“Jubilee of Hope”** led by Rev. Rali Weaver; service associate, Julie DeSorgher. As we approach this season, we embrace a powerful theme proposed by the Catholic Church: The Jubilee Year of Hope. Rooted in ancient traditions of release, renewal, and restoration, Jubilee calls us to imagine a world made whole—where debts are forgiven, the land rests, and justice is restored. In a world immersed in uncertainty and change, what does it mean to declare a year of hope? How do we live into that promise, both personally and collectively? Join us this Sunday as we explore the spiritual call of Jubilee and how UUs can be agents of healing, liberation, and hope in our communities and beyond.

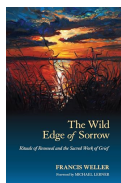
**An Important Note About Sunday Announcements:** Please submit all your announcements to Rev. Rali Weaver at [minister@uuffm.org](mailto:minister@uuffm.org) by 10:00 AM on Friday mornings. This deadline will help her stay organized and ensure she doesn't get flustered or forget anything important that needs to be said on Sunday morning. Thank you!

**COFFEE HOUR:** As December 7 will be the first Sunday of the month, we ask people **whose last names begin with A-E** to bring a snack to share and stay to help clean up.

**RESCHEDULED SAFETY DAY—Be Prepared! Be safe! Be UU! Sunday, December 7 following the service.** After our worship service on Sunday, December 7, stick around! We're all about fellowship, but we also need to be prepared. The fabulous Cynthia Dyer will review our safety protocols to ensure everyone's safety and well-being in the event of a health emergency. Let's do our part to keep our Fellowship the safest and most responsible spot in town. Don't miss out on this short but vital meeting! **Lunch will be provided.**



**END ZONE READING GROUP: *Exploring Life, Death, and Grief*, hosted by Rev. Rali, Tuesday December 9 and every Tuesday from 6-7:30 PM only on Zoom.** In this group, we will explore topics of mortality, peace, grief, and the sacred work of preparing for the end of life through three thoughtful and transformative books. **The book for December is *The Wild Edge of Sorrow: Rituals of Renewal and the Sacred Work of Grief* by Francis Weller.** This is an exploration of grief as a necessary and essential practice, providing a context for understanding its relationship to personal and collective healing.



**To sign up and receive the Zoom login, please contact Rev. Rali at [minister@uuffm.org](mailto:minister@uuffm.org) or email [admin@uuffm.org](mailto:admin@uuffm.org).**

**SINGALONG WITH CAROLYN MCDADE - Saturday, December 13 at 2 PM at the Meeting House.**

Please join a singalong with Leona Bombaci and others who have sung with Carolyn McDade and her singing group for years. The event will be held via Zoom on the big screen at the Meeting House. It will include over a hundred women from the US and Canada who have sung with one another and Carolyn over the years. Song books will be available online. This is a transcendent experience as we join together singing music from the heart.

**SUNDAY “COOL” UPDATE.** This week the children in Sunday Cool will be lighting two candles on our Advent wreath. We will light a candle for Hope and for Peace. We will learn about the Christmas story and play with a nativity play set. Of course, we will keep the season jolly with a Christmas craft and snack! The children's room welcomes all children.

**SUNDAY SERVICE December 14, 2025 at 10 AM at the Meeting House and via Zoom.**

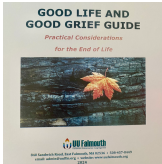
**“Nurturing Peace in Our Hearts to Embody Hope in the World”** led by Rev. Rali Weaver; service associate, Tedi Bell. Join us as we reflect on the practices—from mindfulness to active compassion—that allow us to settle our anxiety, confront our inner conflicts, and create a resilient inner foundation. Only from a place of centered peace can we truly become the unwavering beacons of justice, love, and hope the world so desperately needs.

**Share the Plate on December 14, 2025: The United Nation World Food Programme** is the largest humanitarian organization saving and changing lives worldwide. It brings life-saving relief in emergencies and uses food assistance to build a pathway to peace, stability, and prosperity for people recovering from conflicts, disasters, and the impacts of climate change. It has a presence in over 120 countries, including those across the Caribbean who are suffering from the effects of Hurricane Melissa, half a million Palestinians in Gaza facing catastrophic levels of hunger and starvation, and over 300 million other people facing acute hunger across the globe.



**ECUMENICAL “BLUE” CHRISTMAS SERVICE - Wednesday, December 17 at 6 PM at John Wesley Methodist Church, 270 Gifford Street, Falmouth.** A quiet, healing service of candlelight, music, and prayer for all carrying pain, suffering loss of any kind, or feeling alone. Rev. Rail will be participating in the service.

**WINTER COATS, HATS, MITTENS NEEDED.** By December 18, please bring in **NEW children's winter jackets, hats, mittens and scarves**, sizes infant to 16, and put them on the rack in the foyer. They will be given to the Falmouth Service Center. Last year we donated over 20 brand new beautiful jackets and received the nicest thank you letters. Watch for sales!



**END OF LIFE Booklets “Good Life and Good Grief Guide” on Sale!** Give the gift of information this holiday to your family. Buy an “End of Life” booklet and fill it out. They will be on sale after the service through December. See Reed Walsh to purchase a copy or email [admin@uuffm.org](mailto:admin@uuffm.org).

### MEETING HOUSE CALENDAR

**Red = Congregation-wide events open to all**

#### SUNDAY, December 7

- 10:00 AM Sunday Service**  
**In Person and Zoom**
- 11:00 AM Safety Day Skit**
- 11:15 AM Coffee Hour/Grocery cards**
- 11:30 AM Sermon Discussion**

#### MONDAY, December 8

- 9:30 AM Staff Meeting
- 1:00 PM Caring Committee
- 6:30 PM Choir Rehearsal
- 8:00 PM Music Committee

#### TUESDAY, December 9

- 8:00 AM Breakfast Bunch**
- 1:00 PM Mah Jongg**
- 1:30 PM Fellowship Group #1
- 3:30 PM Welcoming Cong. Cmte.**
- 6:00 PM End Zone Reading Group**  
**Zoom only**

#### WEDNESDAY, December 10

- 9:30 AM Writing Time

#### THURSDAY, December 11

- 8:00 AM Men's Breakfast**
- 10:15 AM B&G Meeting
- 1:00 PM Chimes Ensemble
- 3:30 PM Fellowship Group #3
- 7:00 PM Finance Committee

#### FRIDAY, December 12

- 10:00 AM Writer's Path Group
- 10:00 AM Leadership Council Meeting
- 1:00 PM Membership Committee

#### SATURDAY, December 13

- 2:00 PM Carolyn McDade Sing Along**

