

# Sandwich Road Menu

For the Week of January 4, 2026



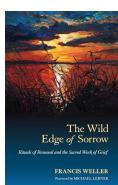
## **SUNDAY SERVICE January 4, 2026 at 10 AM at the Meeting House and via Zoom.**

**“Revolutionary Love”** led by Rev. Rali Weaver; service associate, Tedi Bell. This Sunday, we draw powerful inspiration from The Reverend Dr. Jacqui Lewis and the legacy of the Revolutionary Love Conferences at Middle Collegiate Church. We will explore her theology of “Fierce Love”—a rule-breaking, boundary-dismantling commitment that calls us to move beyond mere tolerance to true liberation.

**COFFEE HOUR:** As January 4 will be the first Sunday of the month, we ask people **whose last names begin with A-E** to bring a snack to share and stay to help clean up.

**You are invited to join Rev. Rali for a brainstorming and planning session about her installation (which will take place in May) immediately after Coffee Hour. Lunch will be provided.**

## **END ZONE READING GROUP: *Exploring Life, Death, and Grief*, hosted by Rev. Rali, Tuesday**



**January 6 (and every Tuesday) from 6-7:30 PM only on Zoom.** The End Zone Reading Group is starting back up in January. This is a space for deep reflection and meaningful conversation on life's profound final chapter. We explore topics of mortality, peace, grief, and the sacred work of preparing for the end of life through thoughtful and transformative books.

Whether you are seeking personal solace, preparing for future eventualities, or simply curious about these vital topics, all are welcome to join this supportive and reflective circle. **To sign up and receive the Zoom login, please contact Rev. Rali** at [minister@uuffm.org](mailto:minister@uuffm.org) or email [admin@uuffm.org](mailto:admin@uuffm.org).

## **SPIRITUALITY DISCUSSION GROUP Returns with Lisa Jo Rudy and Rev. Rali Weaver Wednesday, January 7 (and every other Wednesday) at 4 PM at the Meeting House. January 7**

**Topic: What is consciousness?** What does it mean to be aware? Is human consciousness different from the awareness of simpler life forms? Maybe we can throw in a conversation about out-of-body experiences in which consciousness is not associated with our bodies.



## **“GOOD NEWS” COFFEE HOUR, Saturday, January 10 from 9-10:30 AM at the Meeting House.**

Do you need some good news and some time with UU Friends? Then plan to join the Membership Committee for a “Good News” Coffee Hour! This follows from the successful Good New Happy Hour held in October. It is an opportunity to focus on good things happening in the world and around us—**so bring a good news item to share!** We'll provide coffee and tea, but breakfast items are potluck! If you have questions, email Betsy Wilder at [betsymail2012@gmail.com](mailto:betsymail2012@gmail.com).



**PLEASE TAKE OUR “COMMUNITY INVOLVEMENT” SURVEY.** As we repeat each week, we agree that “Love is the spirit of our fellowship and service is its law.” To help us understand ourselves better and to be able to communicate about UU Falmouth with visitors, the Governing Board asks that you tell us how you are involved in the greater community by filling out a survey.

The survey asks about your involvement in service and social activities. The results will be shared within the Fellowship so that Members and Friends might find contact information for activities that they are interested in. Also, the results in aggregate (no names or contact information) will be shared on the website and with visitors to let them know more about the people they will find at UU Falmouth. Please take a minute to fill out the survey online by clicking on this link: [https://docs.google.com/forms/d/e/1FAIpQLSc1\\_i3Yht-NKkXPh\\_CN117Mnn1j6Z8vt8VvIZ6MEr4IMwo2yQ/viewform](https://docs.google.com/forms/d/e/1FAIpQLSc1_i3Yht-NKkXPh_CN117Mnn1j6Z8vt8VvIZ6MEr4IMwo2yQ/viewform) or by filling one out at the Meeting House.



## **SUNDAY SERVICE January 11, 2026 at 10 AM at the Meeting House and via Zoom.**

**"Forward Together"** led by Rev. Rali Weaver; service associate, Ellen Todd. This Sunday, we dive into the inspiring, unwavering ministry of The Reverend Dr. William Barber II, co-chair of the Poor People's Campaign. We explore the question, "If we could truly harness the power of 'us working together,' what impossible mountains could we move?" Come explore a vision of justice where solidarity is our strongest weapon and reconciliation is our ultimate goal.

**\*Share the Plate January 11 will go to the UUSC Emergency Response Fund.** UUSC's Emergency Response Fund provides vital assistance to people impacted by natural or human-made disasters but whose access to aid is very limited. By contributing to this restricted fund, you can help UUSC and our grassroots partners equitably and effectively respond to a crisis as soon as it occurs—and over the long-term.

**COFFEE HOUR:** As January 11 will be the second Sunday of the month, we ask people **whose last names begin with F-L** to bring a snack to share and stay to help clean up.

## **SUFI DANCE MEDITATION CLASS with Dunya, Saturday, January 17 at 10 AM at the Meeting House.**



**No experience is necessary to attend this dance meditation session—everyone is welcome!** The class will be gently led by Dunya Dianne McPherson, internationally recognized Sufi meditation authority, beginning with gentle stretches on the floor or on a chair. Dance meditation provides the opportunity to relax, be creative and playful, and explore spiritual realms within us. Participants, please bring a mat and/or a blanket or towel. For more information go to [dancemeditation.org](http://dancemeditation.org).

**SAVE THE DATES: The Starting Point Program will begin again Saturdays, February 14 & 28; March 14 & 28 from 1-3 PM at the Meeting House.** The Membership Committee is again offering a unique program designed for Members, Friends and newcomers. This program presents opportunities to experience the deep listening and sharing practices inherent in UU small groups. It promises: an understanding of UU history and the history of this congregation, a new connection to your fellow participants, an experience of UU small group practices, and a sense of the next step in your spiritual journey. **It is important to commit to all four sessions**, either in person or by Zoom.



If you have questions, please seek out any member of the Membership Committee. Sign-up sheets are posted in the Meeting House foyer, or you can sign up by contacting Betsy Wilder at [betsymail2012@gmail.com](mailto:betsymail2012@gmail.com).

## **MEETING HOUSE CALENDAR**

**Red = Congregation-wide events open to all**

### **SUNDAY, January 4**

- 10:00 AM** **Sunday Service**  
**In Person and Zoom**  
**11:15 AM** **Coffee Hour/Grocery cards**  
**11:30 AM** **Sermon Discussion**  
**11:30 AM** **Rev. Rali's Installation planning meeting**

### **MONDAY, January 5**

- 6:30 PM** **Choir Rehearsal**  
**7:00 PM** **SEAC Meeting**

### **TUESDAY, January 6**

- 8:00 AM** **Breakfast Bunch**  
**10:30 AM** **Religious Services Committee**  
**1:00 PM** **Mah Jongg**  
**6:00 PM** **End Zone Reading Group**

### **WEDNESDAY, January 7**

- 9:30 AM** **Writing Time**  
**4:00 PM** **Spirituality Discussion**

### **THURSDAY, January 8**

- 8:00 AM** **Men's Breakfast**  
**10:15 AM** **B&G Committee**  
**1:00 PM** **Chimes Ensemble**  
**3:30 PM** **Fellowship Group #1**  
**7:00 PM** **Finance Committee**

### **FRIDAY, January 9**

- 10:00 AM** **Writer's Path**  
**1:00 PM** **Membership Committee**  
**2:00 PM** **Community Circle**

### **SATURDAY, January 10**

- 9:00 AM** **"Good News" Coffee Hour**