

# Sandwich Road Menu

For the Week of February 15, 2026



## **SUNDAY SERVICE February 15, 2026 at 10 AM at the Meeting House and via Zoom**

**“Pure Christianity”** led by Larry Ladd; service associate, Steve Treistman. Over 200 years ago, the American Unitarian Association was established in Boston for what was described as “Pure Christianity.” They felt no need to describe what Pure Christianity meant. If you needed to ask, you didn't belong! What does Pure Christianity mean for us in these times?

**COFFEE HOUR:** As February 15 will be the third Sunday of the month, we ask people **whose last names begin with M-R** to bring a snack to share and stay to help clean up.

**REALITY: THROUGH THE LENS OF ART**, for four Wednesdays: **February 18, March 4 & 18, and April 1 at 7 PM at the Meeting House and via Zoom**. Last January we introduced a new series called “Exploring the Nature of Reality.” Part Two of this series will feature presenters from UU Falmouth and from the wider community with a focus on reality through the lens of art.



**February 18 at 7 PM: “Art: Finding the Soul of the Tree”** – Artist and scientist Steve Treistman creates art from fallen tree limbs, discovering and revealing treasures of figure and grain hidden beneath the surface. The co-presenter will be renowned local artist Sue Beardsley whose works are displayed all around Falmouth and beyond. Her whimsical structures and the range of media she employs make us question the nature of reality.

**HELP SPREAD THE LOVE IN FEBRUARY WITH GROCERY CARD PURCHASES.** During the month of February, please make an extra effort to spread the love by buying grocery gift cards after the service on Sundays. Purchase cards at face value (Jack in the Beanstalk, Shaws, Windfall, Stop & Shop, Roche Bros), and the stores give 5% back to UU Falmouth. Last year we raised \$6,000 for local non-profit agencies and food pantries. For more information, stop by the table in the foyer on Sunday or contact Pam Morrone via [admin@uuffm.org](mailto:admin@uuffm.org).



**“MELT THE ICE” HAT PROJECT** – Let's join the nationwide movement of knitters and crocheters and gather to make protest hats to support immigrants affected by ICE operations in Minnesota. Ellen Todd has some red yarn, or you can bring your own. She will also purchase extra copies of the pattern. Contact [ellen@jackson-todd.com](mailto:ellen@jackson-todd.com) if you're interested in this project. Let Ellen know whether you want a knit or crochet pattern. We'll decide as a group on a convenient meeting time.

**MISSED A SERVICE? WANT TO HEAR A SERMON AGAIN?** Now you can go online and hear past sermons on YouTube. Just click this link:

<https://www.youtube.com/playlist?list=PLMTSPpmFFIZhh4YWYsw1eDXYYYWjnTN3n>

**CALLING ALL UU FALMOUTH ARTISTS!** Members and friends, do you paint or sculpt? Have you ever exhibited your work? There will be a presentation about reality from the point of view of painters and sculptors on **Wednesday, March 4 at 7 PM** and we would like to have artists from the congregation bring one piece of work to the presentation. Joanie Thompson and Charlotte Harris will lead the one hour discussion on visual artists' perspectives of reality, and then ask people to stand and show their piece of art. Please don't be shy—there are lots of us! Many thanks for your cooperation.



## **SUNDAY SERVICE February 22, 2026 at 10 AM at the Meeting House and via Zoom**

**“Confidence”** led by Rev. Rali; service associate, Carolyn Powers. This Sunday, we explore the spiritual anatomy of confidence through the life and legacy of Maya Angelou. For Angelou, confidence wasn’t the absence of fear or the presence of ego; it was a “hallelujah” risen from the depths of struggle. It was the audacity to speak when she had been silenced, and to stand tall when she was expected to kneel.

## **BLOOD DRIVE, Monday, March 9 from 9:40 AM – 4 PM at the Meeting House.** The Governing

Board is sponsoring a Cape Cod Healthcare Blood Drive on March 9, so roll up your sleeve and give a pint!



We will also need volunteers to make treats for the refreshment table and volunteers to help out at the refreshment area. A sign up is in the foyer. For those who would like to donate a pint of blood, call (508) 862-5663 or go online to set up an appointment at [www.capecodhealth.org/give-blood](http://www.capecodhealth.org/give-blood).

**WHO ELSE MEETS AT OUR MEETING HOUSE?** Did you know that UU Falmouth encourages community use of our Meeting House by non-profit groups aligned with our mission and values by not charging any (or very little) rent? Here are some of the groups meeting this week. If you would like to join or want more information, please email [admin@uuffm.org](mailto:admin@uuffm.org).

- \* **Yoga** meets on Tuesday at 9:30 AM and **Chair Yoga** meets on Wednesday at 10 AM.
- \* **Cape Cod Foster Closet** is open Thursday from 10-12.
- \* **Women's AA** meets Thursday at 5:15 PM.
- \* **Bagpipe Band** practices on Saturday at 10 AM.

## **COMMUNITY EVENTS**

### **FREE LGBTQIA+ KARAOKE PARTY – Saturday, February 14 from 4-7 PM at the Gus**

**Canty Recreation Center.** Light dinner provided. Please RSVP by calling 508-548-0533. Open to LGBTQIA+/Allies and Falmouth residents of all ages. Non-perishable food will be collected for the Falmouth Service Center.



**BELONGING TO EACH OTHER “Walking Towards Home” 1.5 mile walk, Saturday, February 28 at 11 AM.** The event will begin and end at the First Congregational Church of Falmouth, 68 Main

**Belonging to Each Other** transition to stable housing by providing temporary cold-weather housing and year-round compassionate, supportive services.

## **MEETING HOUSE CALENDAR**

**Red** = Congregation-wide events open to all

### **SUNDAY, February 15**

- 10:00 AM** **Sunday Service**  
**In Person and Zoom**
- 11:15 AM** **Coffee Hour/Grocery cards**
- 11:30 AM** **Sermon Discussion**

### **MONDAY, February 16**

- 6:30 PM** **Choir Rehearsal**

### **TUESDAY, February 17**

- 8:00 AM** **Breakfast Bunch**
- 1:00 PM** **Mah Jongg**
- 6:00 PM** **End Zone Reading Group**

### **WEDNESDAY, February 18**

- 9:30 AM** **Writing Time**
- 12:00 PM** **Brown Bag Book Bunch**
- 4:00 PM** **Spiritual Discussion**
- 7:00 PM** **Reality Through the Lens of Art**

### **THURSDAY, February 19**

- 8:00 AM** **Men's Breakfast**

- 1:00 PM** **Chimes Ensemble**

- 7:00 PM** **Governing Board**

### **FRIDAY, February 20**

- 2:00 PM** **Community Drumming**