

Sandwich Road Menu

For the Week of February 16, 2025



SUNDAY SERVICE February 16, 2025 at 10 AM at the Meeting House and via Zoom.

“Scarcity vs. Vulnerability” led by Rev. Rali. While Scarcity and Vulnerability may seem interconnected, they represent distinct concepts in our emotional and social landscapes. Vulnerability refers to the state of being open to the emotional exposure, risk, and uncertainty, often associated with bravery and authenticity when sharing our true selves with others. On the other hand, scarcity embodies a mindset rooted in lack—a belief that there are insufficient resources, whether they be time, love, or opportunities. We will ask if a scarcity mindset might be transformed into a vulnerability mindset that will help us to effect more change in the world.

Share the Plate on February 16: The Los Angeles Regional Food Bank. The Los Angeles Regional Food Bank is working with government agencies, nonprofit and faith-based partners, and others to respond to the fires throughout Los Angeles County. The Food Bank collects food from hundreds of resources. With the help of thousands of volunteers annually, and an agency network of more than 600 partner agencies, they serve more than 900,000 people on a monthly basis. See <https://www.lafoodbank.org/>. Please give generously.

COFFEE HOUR: As February 16 is the third Sunday of the month, **we ask people whose last names begin with M-Q** to bring a snack to share and stay to help cleanup.

PLEDGE DRIVE PLANNING MEETING FOR THIS YEAR’S PLEDGE DRIVE, Sunday, February 16 after the service. We invite everyone interested in being part of this year’s

canvass team to please come to our pre-kickoff planning meeting. We look forward to the opportunity to re-commit ourselves to each other and this congregation! ~*Your stewardship campaign co-chairs, Jessica and David Mark Welch*



CHIMES WORKSHOP IS OPEN TO ANYONE who may want to learn how to play chimes in a small group setting that includes learning how to read music well enough to participate. **This group meets twice a month on the first and third Thursday at 2:45 PM**, just after the regular practice of the Chimes Ensemble. ***The next meeting will be Thursday, February 20.*** Anyone interested in performing needs to first attend a few sessions of the Chimes Workshop to become familiar with the instrument, before joining the Chimes Ensemble group. The melodies and harmonies that this instrument can produce are wonderful to hear and uplifting to play even in practice.

SUNDAY SERVICE February 23, 2025 at 10 AM at the Meeting House and via Zoom.

“The Promise and the Perils of Unitarian Universalism” led by Larry Ladd; service associate Tedi Bell. What are the hopes, values and vision that hold us together as Unitarian Universalists? What are the fears and flaws that hold us back? How can we realize our potential?



FEBRUARY GROCERY CARD SALES—WITH LOVE! We LOVE those of you who make a donation or purchase Grocery Cards each Sunday. So, in February you will receive a heart-shaped sugar cookie with every purchase or donation. Remember, you buy the cards at face value but then the stores donate 5% of the sale to us, which the SEAC then donates to local charities. Cards are on sale after in-person services during coffee hour. If you're unable to purchase in person, we can also deliver them to you. Please contact Pam Morrone at admin@uuffm.org for additional information or questions. Thank you for your support.

“EXPLORING THE NATURE OF REALITY” SERIES continues Wednesday, February 26 at 7 PM. “How We Relate and Come to Agreement” – led by Sangaku Dan Joslyn at the Meeting House and via Zoom. Reality is relational as opposed to absolute and, as such, there is a quality of depth and interconnectedness that is hard to fathom. We use agreement as a way to label things. We do so in all directions and in all flavors of a thing to reach absolute agreement on what it is, causing disagreement about certitude.



“SG46” OFF TO A GOOD START! Our Social Gatherings for Six (SG46) launched in January when two groups gathered for potluck dinners hosted by Pam Morrone and Laura Wing. There's no better way to feel included in a community and simply enjoy life than by sharing a meal! SG46 potlucks occur on the 4th Saturday of each month and might be a lunch or dinner, depending on the preferences of the hosts and participants. If you'd like to participate, contact Betsy Wilder at betsymail2012@gmail.com. She will put you with a group of people you may already know, but you might also meet someone new!



MAKE AN APPOINTMENT TO MEET WITH REV. RALI! Rev. Rali will be back at UU Falmouth from 9 AM–5 PM February 14, 15, 16, 17, and 28. You can contact her at minister@uuffm.org or call her at 617-459-5979. If you would like to make an appointment with her, please use this convenient booking link: <https://revraliweaver.youcanbook.me>.



Red = Congregation-wide events open to all.

SUNDAY, February 16

- 10:00 AM Sunday Service-In Person and Zoom**
- 11:15 AM Coffee Hour/Grocery cards**
- 11:15 AM Pledge Drive Planning Meeting**
- 11:30 AM Sermon Discussion**

MONDAY, February 17

- 6:30 PM Choir Rehearsal
- 7:00 PM SEAC Meeting**

TUESDAY, February 18

- 8:00 AM Breakfast Bunch**
- 1:00 PM Mah Jong**
- 4:00 PM Fellowship Tea-Zoom**

WEDNESDAY, February 19

- 9:30 AM Writing Time
- 11:45 AM Soul Matters Group
- 12:00 PM Brown Bag Book Bunch**
- 3:00 PM Partners in Grief Support

THURSDAY, February 20

- 8:00 AM Men's Breakfast**
- 1:00 PM Chimes Ensemble**
- 2:45 PM Chimes Workshop**
- 7:00 PM Governing Board**

FRIDAY, February 21

- 6:30 PM Percussion Discussion**