

Sandwich Road Menu

For the week of March 17, 2024



The Theme for March is *Transformation*

Don Mallinson, long time member of UU Falmouth, died peacefully this past Monday night at McCarthy Hospice Care Center in East Falmouth. Information on a memorial service will be sent out when it is available.

SUNDAY SERVICE March 17, 2024 at 10 AM. Women Empowerment, led by Lisa Guyon, Executive Director of WE CAN; service associate Julie DeSorgher. WE CAN is a Cape-based non-profit organization that empowers and supports women to build pathways to stability and self-sufficiency. As March is National Women's History Month, Lisa will speak about the work of WE CAN and the women it serves.



Before joining WE CAN, Lisa served as Director of Community Benefits and Grant Administration at Cape Cod Healthcare. She is a Cape Cod native, and a graduate of Harwich High School and Wheaton College. Lisa currently lives in West Barnstable.

Share the Plate - In honor of National Women's History month, STP on March 17 will be collected for WE CAN.

COFFEE HOUR: As March 17 is the third Sunday of the month, **we ask people whose last names begin with L-Q to please bring a snack to share.**



CHIMES WORKSHOP AND CHIMES ENSEMBLE LOOKING FOR PARTICIPANTS.



The **Chimes Ensemble**, which performs on Sundays about once a month, is looking for a few people who can read music to join us. Because it requires a 4-week commitment to **practice once a week on Tuesdays at 3:30 PM** before the Sunday performance, the participants may vary over time depending on who is available.

There is also a **Chimes Workshop**, which meets twice a month on the first and third **Monday at 4 PM** for those people who would like to try playing chimes for fun, and learn to read the music needed to play the instrument. If you are interested, please contact Laura Wing at wintertide60@gmail.com. **The next Chimes Workshop is Monday, March 18.**

PLEDGE DRIVE 2024 - CREATING A BRIGHT FUTURE TOGETHER. The Pledge Drive is underway! A pledge is an expression of support for the future of our fellowship. Early pledges from Board members and canvassers exceed \$160,000! Many of these people recognized that they could move up in our giving pyramid; together, they increased their pledges by almost \$38,000.

In a demonstration of enthusiasm and support for the congregation, 25 members have volunteered to be canvassers. **When your canvasser reaches out to you to deliver your pledge form, please agree to meet with them to talk about what the congregation means to you. Then bring your pledge form to our *Ritual of Commitment* on Sunday, March 31. More than ourselves alone, we can create a bright future together.**

SPRING EQUINOX CELEBRATION, Saturday, March 23 from 4-5:30 PM at the Meeting House. Leona Bombaci and Sue Carlson will conduct the traditional Spring Equinox celebration with music, reading, and walking the labyrinth all included. Spring or vernal equinox is when the sun crosses the equator and day and night are approximately equal length everywhere on earth. During equinoxes, the sun exerts a stronger pull on the Earth than the rest of the year; we call the resulting tides “great tides.” Please join the forces!!



THE UU FALMOUTH WEBSITE HAS A NEW LOOK! We encourage everyone to take a look at our beautiful new website. If you have trouble logging into the member section of the site, please email Joanie Thompson at Joan.k.thompson@gmail.com or call her at 301-873-9480 and she will work with you to gain access.

SUNDAY SERVICE March 24, 2024 at 10 AM. *Starting Point*, led by the Membership Committee; service associate Judy Andrade. The Membership Committee will introduce a new program from the UUA called “Starting Point” in an interactive format. Created for members, friends and visitors, *it will provide an experience* of Unitarian Universalism, not just information about its history and the seven principles. This promises to bring new life to UU theology as a way of healing the disconnections among us.
The service will be followed by a brunch.

DATE WITH DEATH CLUB: “Planning Your Own Funeral, Memorial or End-of-Life Service,” Wednesday, March 27 from 6:30-9:00 PM via Zoom. You can leave it for those who survive you or you can spend some time now planning your memorial service, leaving helpful information for your loved ones when the time comes. We’ll use a specially developed worksheet that you can work on during the class and keep. We’ll also explore the growing trend of home funerals—what’s old is new again!



You are welcome to join us whether or not you have participated in any previous sessions. All sessions are free and open to all! **Find the link** in the “Zoom Logins for the Week” weekly email from admin@uuffm.org. **Be prepared to participate by leaving your Zoom computer camera on** and sharing in a few very short small group discussions. Also, please **bring a notebook** so you can write down your reflections.

Red = Congregation-wide events open to all.

For the location of events not on Zoom, please see the appropriate articles above.

SUNDAY, March 17

10:00 AM Sunday Service - In Person and Zoom

11:15 AM Coffee Hour/Grocery cards

11:30 AM Sermon Discussion Circle

MONDAY, March 18

4:00 PM Chimes Workshop

4:00 PM Pledge Drive Planning Group

6:30 PM Choir Rehearsal

TUESDAY, March 19

8:00 AM Breakfast Group-Betsy’s Diner in Falmouth

1:00 PM Mah Jongg

4:00 PM Fellowship Tea-Zoom

WEDNESDAY, March 20

9:30 AM Writing Time

12:00 PM Brown Bag Book Bunch

3:00 PM Partners Grief Support Group

THURSDAY, March 21

8:00 AM Men’s Breakfast-Zoom

7:00 PM Governing Board

FRIDAY, March 22

6:30 PM Percussion Discussion

SATURDAY, March 23

4:00 PM Spring Equinox Celebration