

Sandwich Road Menu

For the Week of March 8, 2026



SUNDAY SERVICE March 8, 2026 at 10 AM at the Meeting House and via Zoom

“Paying Attention” led by Sensei Dan Joslyn; service associate, Judy Andrade. Sensei Dan Joslyn will discuss an economic, mindfulness, and meaningful perspective for paying attention. Dan is a longtime friend of UU Falmouth and a transmitted Zen priest.

COFFEE HOUR: As March 8 will be the second Sunday of the month, we ask people **whose last names begin with F-L** to bring a snack to share and stay to help clean up.

BLOOD DRIVE, Monday, March 9 from 9:40 AM – 4 PM at the Meeting House. The Governing Board is sponsoring a Cape Cod Healthcare Blood Drive on March 9, so roll up your sleeve and give a pint!



We will also need volunteers to make treats and help out at the refreshment area. A sign-up sheet is in the foyer. For those who would like to donate a pint of blood, call (508) 862-5663 or go online to set up an appointment at www.capecodhealth.org/give-blood.

“MELT THE ICE” HAT PROJECT – Let’s join the nationwide movement of knitters and crocheters and gather to make protest hats to support immigrants affected by ICE operations in Minnesota. Ellen Todd has some red yarn, or you can bring your own. She will also purchase extra copies of the pattern. Contact ellen@jackson-todd.com if you're interested in this project. Let Ellen know whether you want a knit or crochet pattern.



We'll meet again Thursday, March 12 from 10 AM–noon.

SUNDAY SERVICE March 15, 2026 at 10 AM at the Meeting House and via Zoom

“The Power of the Underdog” led by Rev. Rali Weaver; service associate, Tedi Bell. Ruth is the ultimate biblical underdog. Yet her power didn’t come from systemic authority or physical might. It came from radical loyalty and the courage to claim a future where none seemed to exist. By refusing to abandon her mother-in-law, Naomi, and venturing into a strange land, Ruth reminds us that the “marginalized” are often the very people who redefine what is possible for the rest of us. Margaret Cooper will read her essay *Humor in the Bible: The Book of Esther*.

***Share the Plate on March 15 will go to the Mashpee Wampanoag “Honor the Earth” fair.** This is a public event that celebrates the Earth and brings together exhibits, artists, educators, and community members who share a commitment to protecting and preserving the ancestral homelands of the Wampanoag people. The Wampanoag tribe is in partnership with the Native Land Conservancy. All are welcome.

COFFEE HOUR: As March 15 will be the third Sunday of the month, we ask people **whose last names begin with M-R** to bring a snack to share and stay to help clean up.

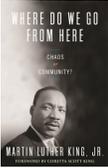
REALITY: THROUGH THE LENS OF ART, Wednesdays: March 18, and April 1 at 7 PM at the Meeting House and via Zoom. Last year we introduced a new series called



“Exploring the Nature of Reality.” In Part Two of this series presenters from UU Falmouth and the wider community with focus on “Reality Through the Lens of Art.”

Wednesday, March 18 at 7 PM: “Building Reality on Stage” – Lew Stern is a set designer and foreman at the Falmouth Theatre Guild. Jean Stern is costuming co-chair and creates costumes for the theatre’s shows. They will bring you back stage and to the costume house to see the many ways theatrical realities are built multi-dimensionally.

JUSTICE BOOK GROUP begins Friday, March 20 at 4 PM at the Meeting House and via Zoom. The Justice Book Group will start by reading *Where Do We Go From Here: Chaos or Community* by Rev. Martin Luther King Jr. We will meet in person and on Zoom every other week at 4 PM. We will discuss the first chapter at the March 20th meeting and proceed from there. All are invited to attend this important conversation.



HAVE YOU TURNED IN YOUR BUDGET REQUESTS FOR FISCAL YEAR 2027? If you haven’t turned in your budget request for 2027 to Gayle Simundza yet, please do so by the end of the week. She will use last year’s numbers if she doesn’t receive a new request. Feel free to contact Gayle if you have any questions or need a form.

IF YOU DON’T SHARE, WE CAN’T CARE! If you know of someone who is sick or hurt or would simply like a card, please let the Caring Committee know by contacting Reed Walsh or Betsy Young directly or via admin@uuffm.org.



COMMUNITY ANNOUNCEMENTS

NATIONAL DAY OF ACTION—March 7 at the Falmouth Village Green from 12-1:30 PM.

Join “Stand up for Science,” “Indivisible Falmouth” and others as we gather to take back our science, health, and democracy! Visit the website to register, volunteer, and donate! <https://www.standupforscience.net/march7>.

MEETING HOUSE CALENDAR

Red = Congregation-wide events open to all



SUNDAY, March 8

**DAY LIGHT SAVINGS TIME
CLOCKS AHEAD ONE HOUR**

10:00 AM Sunday Service

In Person and Zoom

11:15 AM Coffee Hour/Grocery cards

11:30 AM Sermon Discussion

MONDAY, March 9

9:40 AM Blood Drive

1:00 PM Caring Committee

6:30 PM Choir Rehearsal

8:00 PM Music Committee

TUESDAY, March 10

8:00 AM Breakfast Bunch

1:00 PM Mah Jongg

1:30 PM Fellowship Group #1

3:30 PM Welcoming Cong. Cmte.

WEDNESDAY, March 11

9:30 AM Writing Time

THURSDAY, March 12

8:00 AM Men’s Breakfast

10:00 AM “Melt the ICE” Hat Group

1:00 PM Chimes Ensemble

3:30 PM Fellowship Group #3

7:00 PM Finance Committee

FRIDAY, March 13

10:00 AM Writer’s Path Group

1:00 PM Membership Committee

2:00 PM Community Circle

SATURDAY, March 14

1:00 PM Starting Point Group