

Sandwich Road Menu

For the Week of April 12, 2026



SUNDAY SERVICE April 12, 2026 at 10 AM at the Meeting House and via Zoom

“Innovation” led by Rev. Rali Weaver; service associate, Michael Goldring. In a world that often prizes certainty and tradition, the call to innovate can feel dangerous. It asks us to step off the sturdy ground of “how things have always been done” and into the mist of “what could be.” But true innovation—whether in science, social justice, or our own spiritual lives—requires more than just a clever idea. It requires a specific posture of the spirit. This Sunday, we will explore the spiritual ingredients required to birth something new.

COFFEE HOUR: As April 12 will be the second Sunday of the month, we ask the **people whose last names begin with F-L** to please bring a snack to share and stay to help clean up.

GUIDED INDOOR LABYRINTH WALK for Peace and Freedom, Sunday, April 12 at Noon at the Meeting House. Join us in the sanctuary after the Sunday service for a musically guided Labyrinth Walk. Take home flowers and dove tokens. We’ve rallied against what we don’t want. Let’s lift up what we cherish. **Sandwiches will be available after the service and before the labyrinth walk.**



JUSTICE DOCUMENTARY FILM SERIES, Sunday, April 12 at 3 PM at the Meeting House.

Join us for our **monthly gathering** to explore the most pressing issues of our time through film. We’ll kick off each session with a screening, **followed by warm soup and an open-floor conversation** to process what we’ve seen.

In our next feature film ***BORDERLAND (2024)***, we journey with immigrants resisting and organizing for their human rights in the shadow of the vast border industrial complex, a multi-billion dollar business of surveillance, detention and deportation effectively embedding the border in every corner of our nation. The interwoven stories of courageous immigrants seeking a way forward sheds light on the human cost of the struggle, as the threat to themselves and democracy looms with immigration used as a wedge issue for political gain and a gateway to authoritarian rule.

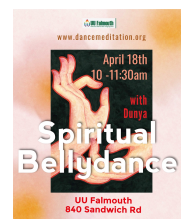


JUSTICE BOOK GROUP, continues Friday, April 17 at 4 PM (and every other week) at the Meeting House and via Zoom. Our new Justice Book Group is reading “*Where Do We Go From Here: Chaos or Community*” by Rev. Dr. Martin Luther King Jr. Advocating for human rights and a sense of hope, it was King’s fourth and last book before his 1968 assassination. All are invited to attend this important conversation.



SPIRITUAL BELLYDANCE CLASS with Dunya Dianne McPherson, Saturday, April 18 from 10-11:30 AM at the Meeting House. You are warmly invited to a gentle, meditative movement practice inspired by Sufi-influenced bellydance. Simple, slow movements help the body soften, release tension, and settle the nervous system. Accessible, supportive, and kind to the body—no dance experience needed, all are welcome.

Please bring a sash or scarf to tie around your hips. Wear comfortable clothing to move in and bring a thick yoga mat or blanket to be comfortable on the floor. Chairs are available if needed.



PERNAMBUCO SPRING CONCERT, Sunday, April 19 at 3 PM at the Meeting House. The Pernambuco Chamber Ensemble will present its spring concert “The Spanish Connection,” at UU Falmouth from 3 to 5 PM Sunday, April 19. Tickets are available from [eventbrite.com](https://www.eventbrite.com) and at the door. The suggested donation of \$25 benefits the International Pernambuco Conservation Initiative USA. Pernambuco is the rare, strong wood used to make string instrument bows. UU Falmouth member Michael Goldring will be performing double bass and voice.



SUNDAY SERVICE April 19, 2026 at 10 AM at the Meeting House and via Zoom

“Earth Day” led by Lew Stern; service associate, Rosa Whiting. This year’s International Earth Day theme is “Our Power, Our Planet.” Individually, everything we do or don’t do, has an impact on Earth. Together, we could save the planet, and save Cape Cod, not for ourselves, but for our children and generations to come.

COFFEE HOUR: As April 19 will be the third Sunday of the month, we ask **people whose last names begin with M-R** to bring a snack to share and stay to help clean up.

SANDWICH ROAD CLEANUP, Saturday, April 25 starting at the Meeting House at 10 AM.



Come join your friends at the Meeting House to clean up UU Falmouth’s section of Sandwich Road. Please wear long sleeves and long pants to protect against scrapes and ticks. Bring your own refillable water bottle, sturdy garden gloves, and a reflector vest if you have one. UU Falmouth will also provide some vests.

It’s a simple walk with a partner along our beautiful road picking up whatever has accumulated over the winter. Anyone under 18 should be accompanied by a parent. A signup sheet will be available in the foyer. Join us for pizza and drinks afterward.

ANNUAL PLEDGE DRIVE - The pledge drive for the 2026-2027 pledge year is underway! This year’s theme is **“Planting Seeds for the Future.”** Our goal is to raise the resources to expand our outreach and welcome newcomers to our congregation. You will soon be receiving a mailing with information about how to pledge. Face-to-face canvassing started in April, and the pledge drive will conclude with our annual ritual of commitment on Sunday May 24. Watch the Sandwich Road Menu for more information coming soon.



MEETING HOUSE CALENDAR

Red = Congregation-wide events open to all

SUNDAY, April 12

- 10:00 AM Sunday Service**
In Person and Zoom
- 11:15 AM Coffee Hour/Grocery cards**
- 11:30 AM Sermon Discussion**
- 12:00 PM Labyrinth Walk**
- 3:00 PM Justice Documentary Series**

MONDAY, April 13

- 9:30 AM Staff Meeting
- 1:00 PM Caring Committee
- 6:30 PM Choir Rehearsal
- 8:00 PM Music Committee

TUESDAY, April 14

- 8:00 AM Breakfast Bunch (at Moonakis)**
- 1:00 PM Mah Jongg**
- 1:30 PM Fellowship Group #1

3:30 PM Welcoming Cong. Committee

6:00 PM End Zone Reading Group

WEDNESDAY, April 15

9:30 AM Writing Time

12:00 PM Brown Bag Book Bunch

THURSDAY, April 16

8:00 AM Men’s Breakfast

1:00 PM Chimes Ensemble

7:00 PM Governing Board

FRIDAY, April 17

4:00 PM Justice Book Group

6:30 PM Drumming Circle

SATURDAY, April 18

10:00 AM Spiritual Bellydance

10:00 AM Prostate Cancer Survivors