

Sandwich Road Menu

For the Week of May 24, 2026



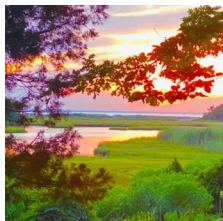
Joann Grinnell, a longtime, beloved member of UU Falmouth, died in March. A service will be held on Saturday, May 23 at 10 AM at the Meeting House. Rev. Rali will officiate. All are welcome to attend.

SUNDAY SERVICE May 24, 2026 at 10 AM at the Meeting House and via Zoom

“Beginners Mind” led by Rev. Rali Weaver; service associate, Izzie Williams. “In the beginner’s mind there are many possibilities,” wrote Zen teacher Shunryū Suzuki, “but in the expert’s mind there are few.” As we reach the conclusion of our annual stewardship campaign, it’s easy to view our pledges and promises as a “done deal” or a box checked off a list. But what happens when we approach our commitment to this community with Shoshin—the Buddhist practice of the Beginner’s Mind? This Sunday, we explore the spiritual art of starting fresh. We will celebrate the generosity that sustains us while clearing away our preconceptions of what this fellowship “is,” making room for what it could be. Join us as we wrap up our stewardship season, not with a sense of completion, but with the expansive openness of a new chapter.

COFFEE HOUR: As May 24 will be the fourth Sunday of the month, we ask **people whose last names begin with S-Z** to bring a snack to share and stay to help clean up.

“PRESERVING CC’S UNDEVELOPED LAND AND HOUSING AFFORDABILITY” FORUM, Wednesday, May 27 from 6:30-8:00 PM – Zoom Only. Come join us for the final panel of experts in this series.



May 27: Panel - “Where do we go from here?” Rob Brennan, Mass HCIC, and HAC; Thomas Moakley, Massachusetts House of Representatives for districts containing Dukes, Nantucket, and part of Barnstable County; Bob Leary, Falmouth Planning Board; Jack Dawley, President and Chief Executive Officer of Northland Residential Corporation, Director of the Cape Cod Five Savings Bank

These webinars discuss specific actions that individuals, government officials, and developers can take regarding the housing affordability and environmental sustainability challenges currently facing Cape Cod. Zoom link: <https://us02web.zoom.us/j/81957993103?pwd=VTxxGWjnxdYCzeuHhcA4BqWLqJf2OE.1>

DIAPER COLLECTION Mother’s Day through Father’s Day. Diapers of all sizes may be placed in the playpen outside the communications/nametag room to be given to the Cape Cod Foster Closet and the Falmouth Service Center. They will be distributed after Father’s Day (June 21).



SUNDAY SERVICE FLOWERS - The practice of donating a bouquet of flowers for each Sunday service is being revived and a sign-up sheet with instructions is in the name tag room. The flower donor will be responsible for placing a bouquet of flowers on the altar prior to the Sunday service, and removing them when the service is over. You may take them home or give them away! On the sign-up sheet, please give us your name and phone number, and whether your flowers are in honor or in memory of someone.



SUNDAY SERVICE May 31, 2026 at 10 AM at the Meeting House and via Zoom

“Care of the Soul” led by Rev. Bill Zelazny; service associate, Charlotte Harris. In 1992 Thomas Moore, psychologist, former monk, and author, wrote *Care of the Soul*. Rev. Bill will revisit some of Moore’s thoughts to explore how we might spend some quality time with ourselves to manage and shape living so as to give our ordinary life depth and value.

Rev. Bill Zelazny was ordained as a Unitarian Universalist minister in 1992. He has served four congregations, the most recent was Channing Memorial Church in Newport, RI from which he retired in June 2025.

COFFEE HOUR: As May 31 will be the fifth Sunday of the month, we ask **the Governing Board members** to bring a snack to share and stay to help clean up.

RIGHTS OF NATURE—RIGHTS OF HERRING, Wednesday, June 3 at 6:30 PM at the Meeting House and via Zoom. Members of the Mashpee Wampanoag youth group Native Environmental Ambassadors, who are pioneering local Rights of Nature Initiatives, will make a presentation and hold a panel discussion about the steps they are taking to secure the healthy future of herring. They will describe how the Mashpee Wampanoag Tribe is taking bold action, using traditional ecological knowledge and tribal law to manage local ecosystems by giving herring the right to thrive.



THE 65th UUA GENERAL ASSEMBLY June 14-21, 2026 - This year's 2026 UUA

General Assembly will be virtual so you don't have to travel and can manage your schedule easily. You can learn all about it [here](#). Throughout the GA, you have access to workshops about congregational life and spiritual growth, as well inspiring worship and lectures. Registration is \$450. You can register [here](#).

You can also be a delegate without registering for GA. That allows you to vote in elections and on business matters. Our own Larry Ladd is running in a competitive election for UUA trustee. If you want to be a delegate, let him know in his role as Denominational Affairs Committee chair.



MEETING HOUSE CALENDAR

Red = Congregation-wide events open to all.

SUNDAY, May 24

10:00 AM	Sunday Service	10:15 AM	B&G Meeting
	In Person and Zoom	2:00 PM	Chimes Ensemble
		7:00 PM	Governing Board
11:15 AM	Coffee Hour/Grocery cards		
11:30 AM	Sermon Discussion		

MONDAY, May 25

6:30 PM Choir Rehearsal
7:00 PM PFLAG Cape Cod

TUESDAY, May 26

8:00 AM Breakfast Bunch
1:00 PM Mah Jongg
1:30 PM Fellowship Group #1
6:00 PM End Zone Reading Group

WEDNESDAY, May 27

9:30 AM Writing Time
6:30 PM Preserving Cape Cod... Webinar

THURSDAY, May 28

8:00 AM Men's Breakfast
10:00 AM Soul Matters Group