Sandwich Road Menu

For the Weeks of June 22 AND 29, 2025



GENERAL ASSEMBLY SUNDAY SERVICE June 22, 2025 at 11 AM (note the time) live streamed



at the Meeting House. We will gather together this Sunday to watch the live stream of the GA worship service at 11 AM (note the time). "Embrace the electrifying spirit of the year's largest UU gathering, where we come together in unity for an awe-inspiring Sunday worship celebration like no other! It's a vibrant, communal worship experience that promises to uplift your soul and ignite your passion. Don't miss out on this extraordinary

gathering of hearts and minds!" In case you can't attend in person, here is the link:

https://www.uua.org/ga/off-site/2025/sunday-worship

ACCESSIBLE WALKING GROUP continues Mondays at 11 AM - Whether you use a cane, a walker,



or simply prefer a gentle pace, you are warmly encouraged to come along. This is not about distance or speed—it's about community, connection, and the joy of being outdoors together.

June 23 – Start at County Road, North Falmouth, at the bike path.

June 30 – Start at the Trunk River beach parking lot, Woods Hole, at the bike path.

Questions? Contact Cynthia Domack or Wendy Bone directly or via admin@uuffm.org.

DINNERS FOR SIX - Mark your calendars for a dinner with UU friends on **Saturday, June 28**. These monthly potluck *Dinners for Six* occur on the 4th Saturday of each month and are a great way to meet new people and/or reconnect with old friends. **Let Betsy Wilder know by June 21 if you'd like to participate this month.** If you'd like to host, please let her know that, too. Her email address is betsymail2012@gmail.com.



SUNDAY SERVICE June 29, 2025 at 10 AM at the Meeting House and via Zoom. "Where Our Free Spirit Leads" led by Rev. Rali Weaver; service associate, Kathi Sommers. As the days grow long and the world is in full bloom again, we're invited to loosen the knots within us—the ones tied by duty, fear, or routine. In this service, we'll reflect on what it means to truly follow the call of a free spirit. How might we open our hearts to the spaciousness of summer, to joy, to rest, to possibility? Let us gather in the warmth of community as we set our inner compass toward freedom, renewal, and the sacred unfolding of the season ahead.

THIS WILL BE FLOWER COMMUNION, so please bring a flower to share as part of worship.

SHARE THE PLATE for June 29 will be for WE THRIVE! LGBTQ+ and Ally Center for Cape Cod & the Islands. Please give generously.

COFFEE HOUR: As June 29 will be the fifth Sunday of the month, **we ask members of the Governing Board** to bring a snack to share and stay to help cleanup.

MIXED MEDIA ART WORKSHOP TO BENEFIT FOOD PANTRIES - Join us for a fun afternoon of art



on **Sunday, June 29 from 1:00–3:30 PM** to benefit the Social and Environmental Action Committee's food pantries fund! You'll learn a few mixed media methods while creating your own bookmarks or greeting cards. It's easy and fun. Betsy Wilder will be there to provide guidance. **Make a \$10 donation at the SEAC table after Sunday service on June 22 or 29** to get a ticket to attend. There will be a maximum of 20 people, so sign up now.

SUNDAY SERVICE July 6, 2025 at 10 AM at the Meeting House and via Zoom. "Faith and

Patriotism in Extreme Times" led by Ellen Todd; service associate, Steve Treistman. In today's world we often see some groups claim to be the only true patriots and have the only true religion. Ellen Todd will share some of her thoughts and reactions to this extremism. She hopes others will join in conversation after the service to share their own thoughts about how to talk among ourselves and with others outside our UU community.

COFFEE HOUR: As July 6 will be the first Sunday on the month, **we ask people whose last names begin with A-E** to bring a snack to share and stay to help cleanup.

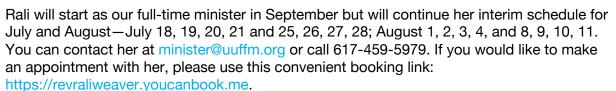
REPORT FROM THE CAPE COD FOSTER CLOSET - The CCFC's new UU Falmouth location is now



open every Thursday from 9-12 for the distribution of clothing to children living in foster care. On Sundays, the door to their room (in the west wing just beyond the kitchen) will be open for congregation donations. They are currently in need of shorts sizes 2-16; larger sized children's clothing in season; and new undergarments all sizes.

Thank you all for your generous beach town donations!

MAKE AN APPOINTMENT WITH REV. RALI! Rev. Rali will be back at UU Falmouth from 9 AM-5 PM June 27, 28, 29, 30 and July 18, 19, 20, 21.





MEETING HOUSE CALENDAR

Red = Congregation-wide events open to all.

SUNDAY, June 22

11:00 AM GA Sunday Service

Live Streamed at the Meeting

House

MONDAY, June 23

11:00 AM Accessible Walking Group

6:30 PM Choir Rehearsal

TUESDAY, June 24

8:00 AM Breakfast Bunch

1:00 PM Mah Jongg

1:30 PM Fellowship Group #1

WEDNESDAY, June 25

9:30 AM Writing Time

THURSDAY, June 26

8:00 AM Men's Breakfast

10:00 AM Soul Matters Small Group

10:15 AM B&G Meeting

1:00 PM Chimes Ensemble

3:30 PM Fellowship Group #3

FRIDAY, June 27

10:00 AM Writers Path Group

1:00 PM Grief Group

SATURDAY, June 28

10:00 AM Prostate Cancer Survivors

6:00 PM Dinner for Six

SUNDAY, June 29

10:00 AM Sunday Service

In Person and Zoom

11:15 AM Coffee Hour/Grocery cards

11:30 AM Sermon Discussion

1:00 PM Mixed Media Art Workshop

MONDAY, June 30

11:00 AM Accessible Walking Group

6:30 PM Choir Rehearsal

TUESDAY, July 1

8:00 AM Breakfast Bunch

1:00 PM Mah Jongg

WEDNESDAY, July 2

9:30 AM Writing Time

1:00 PM Committee on Ministry

THURSDAY, July 3

8:00 AM Men's Breakfast-Dave's Barn

1:00 PM Chimes Ensemble

2:45 PM Chimes Workshop

