Sandwich Road Menu

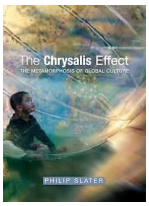
For the Weeks of November 1 & 8, 2026

Peter Grinnell, a longtime, beloved member of UU Falmouth, died in late September. A memorial service will be held on Saturday, November 14 at 10 AM at the Meeting House and via Zoom. Rev. Rali will officiate. All are welcome to attend.

SUNDAY SERVICE November 1, 2026 at 10 AM at the Meeting House and via Zoom

"Humor As Healing" led by Rev. Rali Weaver; service associate Kathi Sommers. "Make 'em Laugh, Make 'em Laugh. Don't you know the whole world wants to laugh?" We will explore the healing nature of comedy on this All Souls Sunday in November. Kathi Sommers will be on hand to make you smile.

COFFEE HOUR: As November 1 will be the first Sunday of the month, we ask **people whose last names begin with A-E** to bring a snack to share and stay to help clean up.



JUSTICE BOOK GROUP IS RETURNING! Ever wonder what lies on the other side of today's cultural unrest? Philip Slater's ***The Chrysalis Effect*** reframes our era's turbulent political and social dynamics, not as a breakdown, but as a transition—a cultural metamorphosis from outdated dominance structures toward collaboration and connection. It's an inspiring, eye-opening read for anyone curious about the future of society.

If you are interested in joining this conversation, meet briefly after the service on November 1 to choose a date and time for our ongoing discussion.

JUSTICE DOCUMENTARY FILM SERIES: *Groundswell,* Sunday, November 1 at 3 PM at the Meeting House. Join us for our next monthly gathering where we explore the most pressing issues of our time through film. We'll kick off each session with a screening, followed by warm soup and an open-floor conversation to process what we've seen.



Groundswell (1 hour 33 minutes) is the final chapter of a groundbreaking documentary trilogy following *Kiss the Ground* (2020) and *Common Ground* (2022). *Groundswell* is a cinematic journey across five continents, showcasing regenerative agriculture solutions taking hold, ultimately benefiting human health and a hope for global renewal. Directed by Josh Tickell and Rebecca Harrell Tickell, narrated by Woody Harrelson and Demi Moore.

ELECTION DAY BRUNCH Tuesday, November 3 from 10:30-12:30 at the Meeting House.



Please join us, and invite your friends, to a brunch on Election Day. We will serve coffee, juice, and a variety of brunch dishes from 10:30-12:30. Your potluck contributions of food are also welcome. Contact Ellen Todd for more information.

ALTERNATIVE GIFT MARKET NEEDS VOLUNTEERS! We would like to have a strong volunteer contingent from UU Falmouth at AGM this year, so look for the signup sheet in the foyer and volunteer for your favorite AGM job. Contact Beth Whelan or Bobye Anderson via admin@uuffm.org for additional information. **The market takes place Saturday, November 7 from 10 AM – 3 PM; Sunday, November 8 from 11 AM – 3 PM; shop online November 8-15 at** www.alternativegiftmarketcapecod.org**.**



WINTER COATS, HATS, MITTENS & SCARVES NEEDED! During the month of November, the Social and Environmental Action Committee will be collecting ***ADULT* gently used winter coats, hats, mittens and scarves.** Please put them on the rack in the foyer. They will be donated to the four local food pantries and the Duffy van parked at Saint Barnabas Church. (*Please empty the pockets before donating!)*



SUNDAY SERVICE November 8, 2026 at 10 AM at the Meeting House and via Zoom

"Grief As a Deepening Nurturer" led by Rev. Rali; service associate Persia Garland Moen. We will explore some of the lessons learned and deepest healing available to us from the saddest and most difficult times in our lives.

COFFEE HOUR: As November 8 will be the second Sunday of the month, we ask **people whose last names begin with F-L** to bring a snack to share and stay to help clean up.

REV. RALI'S AFRICA TRIP REFLECTIONS, November 11 at 6:30 PM at the Meeting House and via Zoom. Last September, Rev. Rali and Diana Manchester-Barrett spent three weeks on a journey to southern Africa to study the impacts of climate change and how local communities are responding. Now they are back and ready to share their adventures and insights with us. Come join them on November 11 as they reflect upon their travels.



MEETING HOUSE CALENDAR

Red = Congregation-wide events open to all. Blue = Special Events



Daylight Savings Time ends. Set clocks back one hour.

SUNDAY, November 1
- **10:00 AM Sunday Service In Person and Zoom**
- **11:15 AM Coffee Hour/Grocery cards**
- **11:30 AM Sermon Discussion**
- **3:00 PM Justice Documentary *Groundswell***

MONDAY, November 2
- 6:30 PM Choir Rehearsal
- **7:00 PM SEAC Committee**

TUESDAY, November 3
- **8:00 AM Breakfast Bunch**
- **10:30 AM Election Day Brunch**
- 10:30 AM Religious Services Committee
- **1:00 PM Mah Jongg**
- **6:00 PM *Facing Mortality* Reading Group**

WEDNESDAY, November 4
- 9:30 AM Writing Time
- **1:00 PM Sit and Stitch Group**

THURSDAY, November 5
- **8:00 AM Men's Breakfast**
- 2:00 PM Chimes Ensemble
- **4:00 PM Essential Somatic Movement**

FRIDAY, November 6
- **12:00 PM Grief Group**

SUNDAY, November 8
- **10:00 AM Sunday Service In Person and Zoom**
- **11:15 AM Coffee Hour/Grocery cards**
- **11:30 AM Sermon Discussion**

MONDAY, November 9
- 6:30 PM Choir Rehearsal
- 8:00 PM Music Committee

TUESDAY, November 10
- **8:00 AM Breakfast Bunch**
- 11:00 AM Caring Committee
- **1:00 PM Mah Jongg**
- 1:30 PM Fellowship Group #1
- **6:00 PM *Facing Mortality* Reading Group**

WEDNESDAY, November 11
- 9:30 AM Writing Time
- **1:00 PM Sit and Stitch Group**
- **6:30 PM Rev. Rali's Africa Trip Reflections**

THURSDAY, November 12
- **8:00 AM Men's Breakfast**
- 10:15 AM B&G Committee
- 2:00 PM Chimes Ensemble
- 3:30 PM Fellowship Group #3
- **4:00 PM Essential Somatic Movement**
- **7:00 PM Finance Committee**

FRIDAY, November 13
- 10:00 AM Writers Path
- **12:00 PM Grief Group**
- **2:00 PM Community Circle**

SATURDAY, November 14
- **10:00 AM Peter Grinnell Memorial**