



The Unitarian Universalist Fellowship of Falmouth Newsletter
840 Sandwich Road, East Falmouth, MA 02536 * 508-457-0449 * www.UUFalmouth.org

RELIGIOUS SERVICES IN APRIL

The Theme for April is *Interdependence*

Our theme for the month of April is *Interdependence*, which speaks to our 7th principle: “Respect for the interdependent web of all existence of which we are a part.” Spring is a wonderful time of year to experience this in nature—the weather warms, more birds return with their delightful singing, we see buds on the trees, and more smiles on people’s faces. Enjoy!

April 7th at 10 AM— *This Land Is Your Land, This Land Is My Land*, led by John McWilliam; service associate Joanie Thompson. Who really owns the land we live on? Are we responsible for the sins of our fathers? John is a longtime member of UU Falmouth.

April 14th at 10 AM— *Solomon’s Story, Ministry, and Journey to Harvard Divinity School*, led by Pastor Solomon Kwaghko; service associate Charlotte Harris. Pastor Solomon will explain how our stories can provide lenses that we can use to see God’s presence or absence in our lives. When we put our stories into proper perspective, they help us better appreciate other humans. Our stories are a powerful tool that we can use to drive revolutionary change in our communities.

Solomon Kwaghko is a pastoral care provider in Nigeria with Evangelical Church Winning All (ECWA). He has served in various church contexts for over a decade. Solomon is the founder and team lead of The Ordinary People’s Hub (TOP-Hub) – a community action network that empowers artisans to drive revolutionary change. He is on study leave at Harvard Divinity School pursuing a master’s degree in Religion, Literature and Culture.

April 21st at 10 AM— *A Celebration of the Earth*, led by Social and Environmental Action Committee Members. Celebrate *Earth Day Sunday* with us! Kitty Hendricks-Miller, the Indian Education Director for the Mashpee Wampanoag Tribe, will play the cedar flute, lead us in prayer, plus share stories, songs, and insights into Wampanoag history, traditional arts, and ways of life.

Share the Plate - STP on April 21 will be collected for Farming Falmouth. (See page 3 for details on the Farming Falmouth talk on April 17.)

April 28th at 10 AM— *The Ancient Art of Hospitality: Working Toward a Welcoming World*, led by Rev. Janet Newton; service associate Rosa Whiting.

Rev. Janet Newton currently serves the Unitarian Universalist Society of Martha’s Vineyard as their part-time minister. Theologically, Rev. Janet draws upon science and nature to inform and illuminate the spiritual landscape of our collective human experience.

President's Corner



UU FALMOUTH BOARD 2023-2024 Officers

Charlotte Harris, President
Phil Zimmerman, Vice President
Gail Donkin, Treasurer
John McWilliam, Clerk

Directors

Dave Crichton
Maggie Jones
David Mark Welch

2023-2024 Committee Chairs

Art Exhibits—Joanie Thompson
Building & Grounds—Bob Sabin,
Phil Zimmerman, Dave Dimmick,
emeritus chair
Caring Community—Judy Alden &
Betsy Young
Committee on Ministry—Marion
Flurkey
Communications—Joanie
Thompson & Nannette
Oldenbourg
Denominational Affairs—Larry Ladd
Development—TBD
Fellowship Activities—Steve &
Joanne Treistman
Finance—Gayle Simundza
Lay Ministry Team—Tom Kirkman
Leadership Council—Julie
DeSorgher
Library—Joan Vaughn
Membership—Carolyn Powers
Memorial Woodland—Phil
Zimmerman
Music—Susan Brooks
Nominating—Julie DeSorgher
Religious Services—Judy Andrade
& Julie DeSorgher
Safe Church—Contact: Tom
Kirkman
Social & Environmental Action—
Robin Melavalin & Rosa Whiting
Welcoming Congregation—Contact:
Judy LeBeau

Hello Members and Friends,

UU Falmouth's theme for April, *Interdependence*, is particularly apropos for us. We absolutely depend on one another to sustain this Fellowship. Not only financially, but spiritually, we need to know and feel in accord with one another to feel our spirits rise. We have a new plan to help us with that.

By now you have received by email the plan the Governing Board approved for our next three years, July 2024 to June 2027. Its goals are to enrich our spiritual life, build enduring friendships among us, improve the world through service, and sustain and grow the Fellowship. It isn't a detailed plan, that work is up to the committees and pop-up work groups, but an aspirational plan. The planners hope that every member and many friends will read the plan with the intention of finding direction for themselves in it.

Please, as you read and reread the plan, ask yourself what you can do to bring this plan to life, now and over the next three years.

At its March meeting, the Governing Board took another consequential step: it approved Larry Ladd to lead a mini-search* for a part-time minister. It was an easy vote. Larry's profession is advising boards of universities on leadership and he is a long-time advisor to the UUA, our denomination's central organization. When I asked him if he would help us he said, "Yes, but with one condition." "Oh, what's that?" "That I'm the chair and I get to pick my team." Another easy decision—usually getting someone to take responsibility for chairing is the hardest ask. Larry will be filling in his team soon because we would like a choice for a part-time contract minister made by the congregation at or soon after the start of the next fiscal year. Please wish Larry the best of luck.

Two other items on the March agenda you should know about. First, the Social and Environmental Action Committee will be surveying the congregation to identify a cause the whole congregation can get behind in force. Watch for it. And second but sooner, the indefatigable Ellen Todd and John Jackson are leading this fiscal year's auction. This year's budget counts on \$15,000 from fundraisers so please donate goods and/or services very soon and mark your calendar for a potluck and auction Saturday, April 13 at 5 PM.

Respectfully,
Charlotte Harris

Charris20@me.com and 508-563-5165 – *do not hesitate to get in touch.*

*What is a mini-search? It is what we make of it, according to the UUA, which counsels flexibility. For us it means abbreviated and expedited but careful and with our UUA representative's support. There will be opportunities for congregational input and a vote for the final decision.

Upcoming UU Falmouth Events

Calling for Members' and Friends' Original Artwork!



Starting in May, we will be displaying our own art at the Meeting House. Please bring your ready-to-hang art **between Sunday, April 28 and Thursday, May 2**. If you have 3D art to display, please contact John Jackson at john@jackson-todd.com.

This is in connection with the May 5th Sunday Service about “Aart!” Watch the Sandwich Road Menu for more information in the coming weeks.

UU Falmouth Auction and Potluck Supper

Saturday, April 13 at the Meeting House—Doors Open at 5 PM; Dinner Starts at 6 PM

Mark your calendars for this simplified fundraising event. We'll gather for a potluck supper on April 13 to share a meal and to bid on goods and services offered by other members of our Fellowship. Please look for the donation forms in the atrium to submit your goods and services for the auction.

You may also enter items into our online auction catalog yourself by visiting <https://auctria.events/UUFAprilAuction2024>

For questions or information, contact Ellen Todd at ellen@jackson-todd.com.



Farming Falmouth Presentation

Wednesday, April 17 at 6 PM at the Meeting House and via Zoom

Farming Falmouth is a young, fast-growing organization that supports local agriculture and believes in bringing people closer to where and how their food is grown. With some of the best soils on Cape Cod, and miles of waterfront, our coastal town has the potential to produce a diversity of food and seafood, and do it in thoughtful, fair, and sustainable ways. The more food we can grow locally—on our farms, in our bays and estuaries, in schools, in community gardens and backyards—the more we can lighten our environmental footprint and widen access to fresh food throughout the community.



Jeny Christian will talk with us about Farming Falmouth and her service garden at Andrew's Farm, with a new site to open at Peterson's Farm in April. She will tell us about their hands-on educational workshops for home gardeners, homesteaders, and small scale farmers. (All workshops are filmed and edited for access on YouTube and FCTV.)

Volunteer opportunities are available for all fitness levels. Help expand Farming Falmouth's service garden on Andrew's Farm where crops are grown for donation to the Falmouth Service Center. (More than 900 pounds of food were donated last year.) Help plan and prepare a series of educational workshops for the public. Help distribute posters for events, etc. For more information about volunteer opportunities, contact Farming Falmouth at farmingfalmouth.org.

Upcoming UU Falmouth Events continued

L.I.N.K. (Linking Indigenous & Non-Indigenous Knowledge) Program

The 4th in the 2024 Education Series: *Historical Trauma*

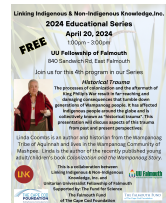
Saturday, April 20 from 1-3 PM at the Meeting House

The processes of colonization and the aftermath of King Philip's War resulted in far-reaching and damaging consequences that tumbled down through generations of Wampanoag people. It has affected Indigenous people around the globe and is collectively known as "Historical Trauma." This presentation will discuss aspects of this trauma from past and present perspectives.

Linda Coombs is an author and historian from the Wampanoag Tribe of Aquinnah and lives in the Wampanoag community of Mashpee. She is the author of the recently published young adult/children's book *Colonization and the Wampanoag Story*.

L.I.N.K. is a local non-profit Cape Cod organization seeking pathways to understanding and reciprocity between the non-Native community and the Wampanoag Nation. L.I.N.K. seeks active collaboration with community groups and organizations like UU Falmouth to change the current environment of societal injustice and to heal relations.

UU Falmouth is collaborating with L.I.N.K. to offer these monthly events with educators from the Wampanoag Tribe to teach the local, non-Native community about the true history and culture of the Wampanoag people. All programs are open to the public. More information can be found at their website: linkcapecod.org.



Date With Death Club: "Facing Extinction: Processing Eco-Grief"

Wednesday, April 24 from 6:30-9:00 PM via Zoom

Due to the climate crisis, we face not only our own mortality, but questions about our collective existence. Developed by Joanna Macy, we'll bravely explore this emotional terrain.



You are welcome to join us whether or not you have participated in any previous sessions. All sessions are free and open to all! **Find the link** in the "Zoom Logins for the Week" email from admin@uuffm.org. **Be prepared to participate by leaving your Zoom computer camera on** and sharing in a few very short small group discussions. Also, please **bring a notebook** so you can write down your reflections.

Pernambuco Concert

Sunday, April 28 at 3 PM at the Meeting House

The Pernambuco Chamber Ensemble returns to UU Falmouth for their spring concert, *A-Minor Romance, A Spring Celebration*. The program will feature works of Bach, Mozart, Farrenc, and the premiere of cellist Judith Glixon's arrangement of Schubert's *Arpeggione Sonata for Piano, Viola and Cello*.



Admission is free. A suggested contribution of \$20 is requested, a portion of which will be donated to IPCI-USA (International Pernambuco Conservation Initiative) through the International Alliance of Violin and Bow Makers for Endangered Species (www.alliance-international.org).

Upcoming UU Falmouth Events continued

Starting Point Program

Saturdays, April 13 & 27; May 11 & 25 from 9:30-11:30 AM at the Meeting House and via Zoom

The Membership Committee is offering a unique program designed for Members, Friends and newcomers. UU Falmouth is at an inflection point and the committee believes that **Starting Point** could be useful to us all as we seek to heal disconnections and grow a welcoming UU community for the Upper Cape.

At the March 24 service, we introduced this program, inspired by the UU slogan “deeds not creeds.” **Starting Point** does not present a set of beliefs, but rather many opportunities to experience the deep listening and sharing practices inherent in UU small groups. Participants are invited to look within themselves for direction in their spiritual journey and are asked to prepare for each of four session topics:

Session 1 – Your Journey

Session 2 – The UU Journey and the Journey of UU Falmouth

Session 3 – Our Journey Together – The 3 Paths of Unitarian Universalism

Session 4 – Finding Your Journey Group

The program promises several takeaways: an understanding of UU history and the history of this congregation, a new connection to your fellow participants, an experience of UU small group practices, and a sense of the next step in your spiritual journey. **It is important to commit to all 4 sessions, either in person or by Zoom.**

Sessions 1 and 2 will be offered April 13 and 27 from 9:30–11:30 AM; sessions 3 and 4 will be May 11 and 25 from 9:30–11:30 AM. If you have questions, please talk to any member of the Membership Committee listed below. Sign-up sheets are posted in the Meeting House atrium. We look forward to experiencing the sessions with you.

Judy Andrade, Gail Donkin, Marion Flurkey, Jane Jackson, Maggie Jones, Carolyn Powers, Betsy Wilder, Karen Zimmerman

Alternative Gift Market Looking for Steering Committee Members



The Social & Environmental Action Committee is looking for someone from our Fellowship who would like to serve on this year’s Alternative Gift Market Steering Committee. Each year the Steering Committee, consisting of two representatives from each of the seven AGM sponsoring congregations, selects the 20 nonprofit organizations that are invited to raise funds at this annual November “giving event.”

Selecting the organizations to include in the market is an interesting and rewarding process. It takes place during a series of three or four mid to late afternoon meetings in May and June. Please contact Jane Jackson (janebjackson@gmail.com) if you would like to volunteer for the Steering Committee. If you are relatively new to the Fellowship and are unfamiliar with the gift market, please visit the AGM website at <https://alternativegiftmarketcapecod.org/>. You will see the 2023 website which explains the market.

Committee Updates

CARING COMMUNITY: The UU Falmouth Caring Community invites you to help us serve our congregation's needs. Who needs what, where, and when? Is it a visit, a meal, a ride or just a card or phone call? After getting permission from the individual, please tell us so we may serve. Call Judy Alden at 774-361-6070 or Betsy Young at 508-548-2722. **If you don't share, we can't care!**

COMMITTEE ON MINISTRY: Committee on ministry is busy visiting all committees explaining our goals. If you missed us and want more information, please contact one of us for a personal meeting. If you have a dispute or problem, please don't hesitate to call any of the following people: Carol McKeon, Cathy Kligler, Karen Crichton, Jim Liljestrand, or Marion Flurkey.

COMMUNICATIONS: Our website is undergoing an unprecedented number of hacking attempts, plus an equal number of attempts to create new usernames and passwords. This is caused by bots, not people. Joanie Thompson gets an email each time there is an attempt. She is currently getting 30-50 emails per day notifying her of these brute force attacks. Other UU webmasters are having similar experiences.

Wordfence, our firewall, is being overly cautious. If you have been blocked from the Member portion of the website, contact Joanie and she will use a workaround to get you back in. Some members have had to unplug their router and use their phone to access the site.

SOCIAL AND ENVIRONMENTAL ACTION:

UUs working together to Get Out the Vote! SEAC will be hosting a brief GOTV information session directly following the Earth Day Sunday service on April 21. This congregation-wide project in support of the 5th UU Principle aims to enhance representation of groups that are often marginalized, while also building community within our Fellowship as we work together. Come learn how you can be a part of it!



Take-a-Bag/Fill-a-Bag: UU Falmouth donated 70+ bags for Belonging to Each Other—more than any other participant! These have been distributed to hotels and the police station for people in need. The initiative is over for this season.

Food card sales continue to provide revenue for our donations to local organizations. January sales = \$5,760; February sales = \$4,040.

Tarp Collection: Eight tarps, one tent, and one raincoat have been donated to the AIDS Support Group of Cape Cod (ASGCC). The effort has ended for this season.

Share the Plate recipient for April will be [Farming Falmouth](#) (see page 3). A donation of \$258 in February went to [GLBTQ Legal Advocates & Defenders \(GLAD\)](#). March's donation went to [WeCan](#) (amount TBD). Our May recipient will be the [Cape Cod Foster Closet](#).

Cape Cod Foster Closet and Mother's Day Diaper Sunday: Carla Koehl, the CC Foster Closet outreach coordinator, will be introducing her organization to members and friends on Sunday May 12, as they will be our Share the Plate recipient. Disposable diapers of all sizes are welcome!

NOTE: SEAC is now meeting on the **first Monday of the month at 7 PM via Zoom**. The next meeting will be **April 1, 2024**. All are welcome to attend. Contact Rosa Whiting or Robin Melavalin via admin@uuffm.org if you would like to join us or be added to our active email list.

Looking Back...



International Women's Day Celebration, March 9, drew an enthusiastic crowd!

Lew Stern and Steve Treistman hosted a talk with Dr. Newton Gresser about the changes he has seen in medical practice over his lifetime. Dr. Gresser is 104 years old.



On March 16, the third in a year-long series of events was held at the Meeting House. This is part of an ongoing collaboration between UU Falmouth and L.I.N.K (Linking Indigenous & Non-Indigenous Knowledge).



A group gathered March 23 to stream Carolyn McDade songs —and sing along.



Vernal Equinox Celebration March 23 with music, meditation, and a labyrinth.

UU Falmouth Announcements



April Birthdays



04/02 Rudolf Oldenbourg
04/02 Christie Davis
04/14 Rory Saito

04/19 Andrew Mark Welch
04/19 Mary Sellers
04/19 Evelynne Swagerty

04/26 Cynthia Domack
04/27 Reed Walsh

Fellowship Weekly/Monthly Gatherings

For more information on any of these gatherings, contact the person listed or email admin@uuffm.org.

- **Chiming Workshop** - Monday, April 1 and 15 at 4 PM (and the 1st and 3rd Mondays of the month) at the Meeting House. For more information, contact Laura Wing.
- **Chiming Ensemble** - Tuesdays at 3:30 PM at the Meeting House. For more information, contact Laura Wing.
- **The Breakfast Group** - Tuesdays at 8 AM at Moonakis Cafe, 460 Waquoit Highway, East Falmouth. For more information, contact Reed Walsh.
- **Mah Jongg** - Tuesdays from 1-3 PM at the Meeting House. For more information, contact Peggy Sabin.
- **Fellowship Tea** - Tuesdays at 4 PM. To get the Zoom login, email admin@uuffm.org.
- **Brown Bag Book Bunch** - Wednesday, April 17 at noon at the Meeting House. For more information, contact Chris Jacobi.
- **Men's Breakfast** - Thursdays from 8-10 AM. Meet in person at the Meeting House on April 4 & 18; via Zoom on April 11 & 25. If you would like more information, or for the Zoom login, please contact Bob Sabin.
- **Ladies Luncheon** - Thursday, April 11 at noon (and the 2nd Thursday of each month). This month it will be at the Silver Lounge on Rt. 28A in North Falmouth. Contact Reed Walsh to let her know you are coming.
- **Community Circle** - Friday, April 5 at 2 PM at the Meeting House for Members and Friends only; April 12 open to the public. The topic for both circles is "Turning a New Leaf." For more information, contact Joanne Treistman at treistmanjoanne@gmail.com.
- **Percussion Discussion** - Friday, April 5 & 19 (and every other Friday) at 6:30 PM at the Meeting House.

Unitarian Universalist Fellowship of Falmouth Staff

Ann German, Bookkeeper
Frederick Johnson, Director of Music - johnsonfrederick953@gmail.com
Kit O'Connor, Office Administrator - admin@uuffm.org
Nancy Wendlandt, Pianist - welcome3434@yahoo.com

Office Hours: Kit will be in the office from 9 AM - 1 PM Monday, Wednesday, Thursday and Friday
Website: uufalmouth.org

The UU Falmouth central calendar is linked in real time to the website, UUFalmouth.org so you can see up-to-date changes as they occur.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>April 2024</p> <p>Red = All are welcome to attend.</p>						
	1	2	3	4	5	6
	<p>4pm Chiming Workshop 6:30pm Choir Rehearsal 7pm SEAC Meeting</p>	<p>8am Breakfast Grp. 1pm Mah Jongg 3:30pm Chiming Ensemble 4pm Fellowship Tea</p>	<p>8am Religious Services Committee 9:30am Writing Time 1pm CoM Meeting 3pm Partners Grief Support Group</p>	<p>8am Men's Breakfast 10am B&G Meeting</p>	<p>2pm Community Circle 6:30pm Percussion Discussion</p>	
7	8	9	10	11	12	13
<p>10am Sunday Service 11:15am Coffee Hour/ Grocery Cards 11:30am Sermon Discussion</p>	<p>1pm Caring Community Meeting 3pm Lay Ministry 6:30pm Choir Rehearsal 8pm Music Committee</p>	<p>8am Breakfast Grp. 1pm Mah Jongg 1:30pm Fellowship Group #1 3:30pm Welcoming Congregation Cmte 3:30pm Chiming Ensemble 4pm Fellowship Tea</p>	<p>9:30am Writing Time</p>	<p>8am Men's Breakfast 10am Membership Committee 12pm Ladies Luncheon 3:30pm Fellowship Group #3 7pm Finance</p>	<p>2pm Community Circle</p>	<p>9:30am Starting Point Program 5pm AUCTION and POTLUCK</p>
14	15	16	17	18	19	20
<p>10am Sunday Service 11:15am Coffee Hour/ Grocery Cards 11:30am Sermon Discussion</p>	<p>4pm Chiming Workshop 6:30pm Choir Rehearsal</p>	<p>8am Breakfast Grp. 1pm Mah Jongg 3:30pm Chiming Ensemble 4pm Fellowship Tea</p>	<p>9:30am Writing Time 12pm Brown Bag Book Bunch 3pm Partners Grief Support Group 7pm Farming Falmouth presentation</p>	<p>8am Men's Breakfast 7pm Governing Board</p>	<p>6:30pm Percussion Discussion</p>	<p>1pm L.I.N.K. Presentation</p>
21	22	23	24	25	26	27
<p>EARTH DAY 10am Sunday Service 11:15am Coffee Hour/ Grocery Cards 11:30am Get Out the Vote Info Session</p>	<p>3pm Lay Ministry 6:30pm Choir Rehearsal</p>	<p>8am Breakfast Grp. 1pm Mah Jongg 1:30pm Fellowship Group #1 3:30pm Chiming Ensemble 4pm Fellowship Tea</p>	<p>9:30am Writing Time 6:30pm Date With Death Club</p>	<p>8am Men's Breakfast 3:30pm Fellowship Group #3</p>		<p>9:30am Starting Point Program</p>
28	29	30				
<p>10am Sunday Service 11:15am Coffee Hour/ Grocery Cards 11:30am Sermon Discussion 3pm Pernambuco Concert</p>	<p>6:30pm Choir Rehearsal</p>	<p>8am Breakfast Grp. 1pm Mah Jongg 3:30pm Chiming Ensemble 4pm Fellowship Tea</p>				