



The Unitarian Universalist Fellowship of Falmouth Newsletter
840 Sandwich Road, East Falmouth, MA 02536 * 508-457-0449 * www.UUFalmouth.org

RELIGIOUS SERVICES IN AUGUST

August 3 at 10 AM at the Meeting House and via Zoom—“A Rebirth of Wonder” led by Rev. Rali Weaver; service associate, Tedi Bell. In a world often driven by routine, cynicism, and urgency, how do we keep our sense of wonder alive? Drawing from the wisdom of poets, prophets, and everyday awe, this Sunday’s service invites us to rediscover the sacred in the ordinary and rekindle our capacity for reverence, curiosity, and joy. Together, we’ll explore how “a rebirth of wonder” can be not only a personal awakening but a spiritual practice that grounds us in our UU values of interconnectedness, openness, and love.

August 10 at 10 AM at the Meeting House and via Zoom—“The Oversoul Within: Transcendentalism for Today” led by Rev. Rali Weaver; service associate, Rosa Whiting. What does it mean to trust the still, small voice within? Rooted in the teachings of Emerson and the Transcendentalists, this service explores the idea of the “Oversoul”—a deep, shared spirit that connects us to one another, to nature, and to the divine. In a time of noise and distraction, how can we return to the wisdom of inner knowing and cultivate a spirituality of presence, authenticity, and interconnection?

***Share the Plate August 10 will go to the Massachusetts Immigration and Refugee Advocacy Coalition (MIRA).** “MIRA’s mission is to convene, serve, and organize together with our members, community leaders, and allies for the advancement of all immigrants across the Commonwealth and beyond. MIRA Coalition places immigrant and refugee voices at the forefront to advocate for the well-being of our communities.”

August 17 - NO SERVICE. The Falmouth Road Race is this Sunday so all those involved in planning and running our Sunday services will take a much deserved break.

August 24 at 10 AM at the Meeting House and via Zoom—“What Makes Sacred Text Sacred?” led by Daniel Mark Welch; service associate, Judy Andrade. Sacred texts have been at the center of different religious traditions all around the world for millennia. With a particular focus on the collection of texts that has become the “New Testament,” Daniel Mark Welch will use his newly acquired Master’s in Ancient Christianity to explore how human-written texts come to be considered divine.

August 31 COMMUNITY BREAKFAST at 10 AM at the Meeting House. Come join your UU Falmouth family for a wonderful end-of-summer breakfast hosted by the Men’s Breakfast group. **Everyone is invited to bring something to share** for this fun community gathering.

Minister's Message



Unitarian Universalist Fellowship of Falmouth

840 Sandwich Road
East Falmouth, MA 02536
508-457-0449

Reverend Rali Weaver Minister

Rali's Office Hours in August:

9 AM - 5 PM
Friday, August 1
Saturday, August 2
Sunday, August 3
Monday, August 4
Friday, August 8
Saturday, August 9
Sunday, August 10
Monday, August 11
...and by appointment

Ann German
Bookkeeper

Frederick Johnson
Director of Music

Kit O'Connor
Office Administrator

Nancy Wendlandt
Pianist

Office Hours: Kit will be in the office Monday, Wednesday, Thursday and Friday from 9AM -1 PM

Our website:
<https://uufalmouth.org>

"If one advances confidently in the direction of his dreams, and endeavors to live the life which he has imagined, he will meet with a success unexpected in common hours." ~Henry David Thoreau

Dear Beloved Community,

This quote from Thoreau has been walking alongside me during these days of transition. As I pack boxes, label bins, and say my goodbyes to the place I've called home, I find myself dreaming—not just about my own journey or my family's journey, but about the shared future we are stepping into together. Thank you for your deep and abiding confidence in my ministry. It's a gift that humbles me and strengthens my resolve. I cannot wait to be with you—on the right side of the bridge!

Speaking of which, I had every intention of joining you for the recent "Good Trouble" demonstration. I was so looking forward to standing shoulder to shoulder with many of you, raising our voices for justice, love and compassion. But as fate (and I-95) would have it, my morning was consumed by furious packing, and by the time I got on the road, not one but *two* accidents slowed traffic to a standstill. By the time I knew I wouldn't make it, my heart sank—but it also swelled with pride knowing UU Falmouth was showing up, as you always do. Thanks to Pam Morrone who led the charge. I can't wait to be walking with you in all the Love Centered actions ahead.

As I prepare to cross the bridge for good—not just physically, but spiritually and communally—I'm filled with a sense of gratitude and promise. There is joy in the journey, yes, but even more in the destination when the people there are as wise, warm, and justice-seeking as you all are.

Here's to dreams imagined, bridges crossed, and the unexpected success we will build together in these sacred, shared hours.

With great anticipation and affection,
Rev. Rali Weaver

Rev. Weaver will be preaching the first two Sundays in August and will be in her office Friday and Monday from 9-5. You can set up an appointment during those hours at <https://revraliweaver.youcanbook.me/>. She is available by phone at 617-459-5979 or email revraliweaver@gmail.com outside of those hours.

Rev. Weaver will begin her ministry with us full-time in September, working Tuesday-Friday 9-5. Set up an appointment during those hours and outside of those hours by reaching out by the email or phone above.

Governing Board Report



Dear Members and Friends,

Climate change hit Church Mutual Insurance pretty hard and they are passing the hit on to UU Falmouth. First, they said they wouldn't insure us unless we changed all the electric panels—the Meeting House has five panels and they're expensive. Buildings & Grounds (B&G) collected information, fought the insurer on that, and got them to drop the requirement but not change their position on annual costs going up—a lot.

A B&G team, composed of Rex Withers, Phil Zimmerman and Stu Graham, has spent hours and hours reading and comparing insurance contracts to find us the best deal we can get. The first hour of the Board's July meeting was a report of their findings, and a discussion of which insurer to choose, and what the criteria for choice should be. Is it price alone or does financial stability and record of service matter just as much or maybe more? The upshot so far is that the insurance team will make a final recommendation to the Board before the August meeting so we can be confident that we will have a signed agreement with a property, liability, and umbrella policy insurer before our current Church Mutual policy expires September 1st.

The main goal of our three-year plan is to call a full-time minister and grow our congregation. We have called the minister and now we are focusing on growing the congregation. Our whole budget is devoted to this mission by providing everything we think we need to succeed. In the second hour of July's meeting, we talked about using T-shirts and caps for UUs to wear at standouts to increase our visibility in the broader community. We'll see if people want the t-shirts we purchased for the "Good Trouble" standout at Bourne Rotary before ordering more. The meeting concluded with the treasurer's report.

Investments: Balanced Portfolio of Vanguard Funds	\$297,598
Vanguard Star Fund (Baxter Prince)	\$182,545
Vanguard Account 3 (FY25 Bequest)	<u>\$106,310</u>
Total Invested Assets	<u>\$586,453</u>

Balance Sheet: Bank Accounts: SAC Food. Certificates	\$ 15,951
TD Bank Checking	\$ 196,162
TD Money Market	\$ 44,311
Minister's Discretionary	\$ 4
Investments (see above)	<u>\$ 586,453</u>
	<u>\$ 842,881</u>
Liabilities (UUA Loan for HVAC)	<u>\$ 52,949</u>
Total Assets less liabilities	<u>\$ 789,932</u>

Fixed Assets (Land, meeting house, equipment)	<u>\$ 1,518,770*</u>
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**Booked at cost when purchased*

Sincerely, Charlotte Harris
Governing Board President
Charris20@me.com * 617-645-8609

Upcoming UU Falmouth Events & Notices

CAPE COD FOSTER CLOSET'S ANNUAL BACK-TO-SCHOOL GIVEAWAY EVENT Saturday, August 2 from 1-3 PM at the Meeting House

The Cape Cod Foster Closet's *Annual Back-to-School Giveaway* event will be at UU Falmouth in August this year. **Let's show our support by donating lots of supplies!**



"Our families look forward to it every year. We have brand new sneakers, backpacks, and school supplies that the kids select themselves. Recognizing that the Cape is a big geographical area and that summer traffic can damper any child's or driver's spirits, **this year our *Back-To-School Giveaway* will be held at both our Orleans site and our new Falmouth Convenience site!** The Falmouth *Back-To-School Giveaway* will include a Family Fun Day with outdoor games and treats."

If you'd like to support the *Back-To-School Giveaway* event, here is their [Amazon wish list](#).

UU FALMOUTH KAYAKING GROUP IS ON THE WATER! Tuesdays at 9:30 AM through September

We have a great group of all skill levels interested in kayaking in the upper Cape (Bourne, Falmouth, Mashpee, Sandwich, and one trip to Onset.) This is a group activity and we stay together for safety. Everyone must have a life preserver and a whistle. **We go on Tuesday mornings at 9:30 AM through September 30.** We do not paddle if the wind is more than 10 mph, and never in the rain. Questions? Contact Mary Hayes: mlhayes2@verizon.net or Debie Wilson: dwmoores@aol.com.

- August 5** - Washburn Island
- August 12** - Red Brook Harbor/Bassetts Island
- August 19** - Ockway Bay, Mashpee River
- August 26** - Onset Estuary



ACCESSIBLE WALKING GROUP Continues Wednesdays in August at 9:00 AM

Members and friends of UU Falmouth are invited to join us for this weekly tradition: an accessible walk on the beautiful, level Shining Sea Bike Path or Cape Cod Canal Service Road.

These walks are designed to be fully inclusive—welcoming people of all abilities. Whether you use a cane, a walker, or simply prefer a gentle pace, you are warmly encouraged to come along. Bring a friend, bring your curiosity, and come walk (or roll!) with us, one step at a time. Walks will be approximately one hour.



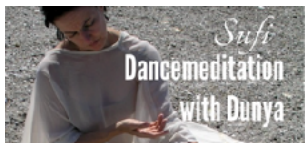
Questions? Contact Cynthia Domack or Wendy Bone directly or at admin@uuffm.org.

- August 6** - Bus Depot, Falmouth, at the bike path
- August 13** - County Road, Falmouth, at the bike path
- August 20** - Trunk River Beach Parking Lot, Woods Hole, at the bike path
- August 27** - Tidal Flats Recreational Area, Bourne, Cape Cod Canal Service Road

Upcoming UU Falmouth Events & Notices

SUFI DANCE MEDITATION CLASS with Dunya **Saturday, August 9 at 10 AM at the Meeting House**

No experience is necessary to attend this dance meditation session—everyone is welcome! The class will be gently led by Dunya Dianne McPherson, internationally recognized Sufi meditation authority, beginning with gentle stretches on the floor or on a chair. Dance meditation provides the opportunity to relax, be creative and playful, and explore spiritual realms within us. Participants, please bring a mat and/or a blanket or towel. For more information go to dancemeditation.org.



LET'S REFRESH OUR FIRST AID SKILLS! **Monday, August 11 from 7-9 PM at the Meeting House**

Come join Cynthia Dyer, RN, to learn how to recognize and respond to a medical emergency. Topics covered: assessing the situation; making a 911 call; treating burns; recognizing shock, strokes, and cardiac emergencies; hands-only CPR; and the use of the AED. The class is open to everyone. There is a sign up sheet in the foyer.



PLEASE JOIN THE UU FALMOUTH TEAM **TO HELP WITH THE FALMOUTH ROAD RACE CLEANUP** **Sunday, August 17 from 9:30-11:30 AM**

Helping with the cleanup at the start of the Falmouth Road Race is lots of fun, not a lot of work, and earns UU Falmouth \$1,800 for under two hour's work! **We still need six more volunteers!**



We meet at UU Falmouth and carpool so parking will not be a problem. You get to cheer all the runners as they take off, then pick up coffee cups, and other trash so we leave Woods Hole in pristine condition.

Please visit the registration site:

<https://volunteer.bloomerang.co/volunteer/#/join-party?k=jfs2gt175o1tjt> and sign up to be on the Unitarian Universalist team. Julia Withers is the captain of the team from UU Falmouth this year. If you have any questions, please contact her directly or via admin@uuffm.org. **There is also a sign up sheet in the communications room (name tag room).**

DINNERS FOR SIX **Next Dinner with UU Friends—Saturday, August 23 at 6 PM**

These monthly potluck *Dinners for Six* occur on the **4th Saturday of each month** and are a great way to meet new people and/or reconnect with old friends.

Let Betsy Wilder know by August 16 if you'd like to participate this month. If you'd like to host, please let her know that, too. Her email address is betsymail2012@gmail.com.



Upcoming UU Falmouth Events & Notices

SOCIAL ACTION LETTER WRITING AGAIN!

The Social and Environmental Action Committee will be spearheading another letter writing campaign in August. VOTE FORWARD has requested help **to get out the vote in Pennsylvania. The letters will not support any particular candidate.** If you can stay after the service and write a few letters each Sunday in August, they will be ready to send out by the first week of September. We would also appreciate a donation of stamps and business envelopes. We hope to send out 100! Contact Pam Morrone via admin@uuffm.org if you have any questions.



SUNDAY SUNDAE SOCIAL—Hosted by the Falmouth Interfaith Association Sunday, August 24 from 4-6 PM at St. Barnabas Episcopal Church Tent

UU Falmouth will be joining 13 other organizations in Falmouth, all coming together for ice cream, music, games, raffles and a good cause (the Falmouth Service Center). Lots of volunteers are needed to help pull off this event. If you can help in any way (baking, setup, putting up posters, etc.), please contact Charlotte Harris or add your name to the signup sheet in the foyer.

SUNDAY, AUGUST 24, 4-6

SUNDAY
sundae
Social!



St. Barnabas Episcopal Church Tent
91 Main St. Falmouth—On the Village Green

GAMES-BAKE SALE-RAFFLE-SILENT AUCTION

**A Fundraiser to Support
FALMOUTH SERVICE CENTER**

**Hosted by: FALMOUTH
INTERFAITH ASSOCIATION**

\$7 per cup

Ice Cream donated by



Cape Cod Church • Christ Lutheran • Church of the Messiah • Falmouth Jewish Congregation • Falmouth Soto Zen Sangha • First Congregational Church of Falmouth • North Falmouth Congregational Church • St Barnabas Memorial Episcopal Church • St. Joseph, Guardian of the Holy Family Parish • Unitarian Universalist Fellowship of Falmouth • Upper Cape Chaplaincy • Waquoit Congregational Church • West Falmouth Quaker Meeting

UU Falmouth Announcements



August Birthdays



8/6 Mary Bianchini	8/13 Kathe Crew	8/23 Bob Cronon
8/6 Maureen McIver	8/15 Sheila Gordon	8/24 Heather DiPaolo
8/7 Martie Darman	8/16 Laura Wing	8/27 Barbara White
8/7 Nancy Nichols	8/19 Diane Holmes	8/28 Wilber Edwards
8/8 Olivia Frigon	8/21 Phil Zimmerman	8/31 Marin Withrow

Fellowship Weekly/Monthly Gatherings Open to All

For information on any of these gatherings, contact the person listed or email admin@uuffm.org.

- **Breakfast Bunch** - Tuesdays at 8 AM. This month it will be at Cape Cod Coffee, 53 Market Street, Mashpee Commons. For more information, contact Reed Walsh.
- **Mah Jongg** - Tuesdays from 1-3 PM at the Meeting House. For more information, contact Peggy Sabin.
- **Accessible Walking Group** - Wednesdays at 9 AM. For more information and the starting location of the walks, contact Cynthia Domack or Wendy Bone.
- **Brown Bag Book Bunch** - BBBB will be taking a break for the summer. We'll see you in September. For more information, contact Chris Jacobi.
- **Men's Breakfast** - Thursdays from 8-9:30 AM. It will take place at Dave Dimmick's barn August 7 then at the Meeting House for the rest of the month. A notice will be sent out if it is switched to Zoom because of bad weather. If you would like more information, or for the Zoom login, please contact Stu Graham.
- **Chimes Ensemble** - We will be taking a break for the summer. We'll see you in September. For more information, contact Laura Wing.
- **Chimes Workshop** - We will be taking a break for the summer. We'll see you in September. For more information, contact Laura Wing.
- **Community Circle** - Friday, August 8 at 2 PM at the Meeting House - open to the public. The topic this month will be "Friendship." During Community Circles, we listen to one another, share our thoughts about the topic, and build community as we learn from one another. For more information, contact Joanne Treistman.
- **Percussion Discussion** - Friday, August 15 at 6:30 PM at the Meeting House. For more information, contact Nannette Oldenbourg.
- **Grief Group** - Friday, August 22 at 1 PM (and every 4th Friday of the month) at the Meeting House. For more information, contact Reed Walsh or Rev. Rali.

The online calendar is more complete and up-to-date. To find it, go to uufalmouth.org and click on "News."
Email admin@uuffm.org if you'd like to have an event or meeting added to the calendar.

• SUNDAY	• MONDAY	• TUESDAY	• WEDNESDAY	• THURSDAY	• FRIDAY	• SATURDAY
August 2025 Red = All are welcome to attend.						
					1	2 1pm Cape Cod Closet Back to School Giveaway event
3 10am Sunday Service 11:15am Coffee Hour/ Grocery Cards 11:30 Sermon Discussion	4 6:30pm Choir Rehearsal	5 8am Breakfast Bunch 9:30am Kayaking 1pm Mah Jongg	6 9am Accessible Walking Group 9:30am Writing Time	7 8am Men's Breakfast-Dave's Barn	8 10am Writer's Path Group 2pm Community Circle	9 10am Sufi Dance Meditation
10 10am Sunday Service 11:15am Coffee Hour/ Grocery Cards 11:30 Sermon Discussion	11 1pm Caring Community Meeting 6:30pm Choir Rehearsal 7pm CPR & AED Training 8pm Music Committee	12 8am Breakfast Bunch 9:30am Kayaking 1pm Mah Jongg 1:30pm Fellowship Group #1	13 9am Accessible Walking Group 9:30am Writing Time	14 8am Men's Breakfast 7pm Finance	15 6:30pm Percussion Discussion	16
17 Falmouth Road Race— No Service	18 6:30pm Choir Rehearsal	19 8am Breakfast Bunch 9:30am Kayaking 1pm Mah Jongg	20 9am Accessible Walking Group 9:30am Writing Time	21 8am Men's Breakfast 10:15am B&G Meeting 7pm Governing Board	22 10am Writer's Path Group 1pm Grief Group	23 6pm Dinners for Six
24 10am Sunday Service 11:15am Coffee Hour/ Grocery Cards 11:30 Sermon Discussion 4pm Sunday Sundae Event at St. Barnabas	25 6:30pm Choir Rehearsal	26 8am Breakfast Bunch 9:30am Kayaking 1pm Mah Jongg 1:30pm Fellowship Group #1	27 9am Accessible Walking Group 9:30am Writing Time	28 8am Men's Breakfast 3:30pm Fellowship Group #3	29	30
31 10am UU Falmouth BREAKFAST— No Service						