



The Unitarian Universalist Fellowship of Falmouth Newsletter
840 Sandwich Road, East Falmouth, MA 02536 * 508-457-0449 * www.UUFalmouth.org

RELIGIOUS SERVICES IN MARCH

Our theme for March is *Living Love Through the Practice of Trust*

March 2 at 10 AM at the Meeting House and via Zoom – “Leadership As an Art” led by Rev. Rali Weaver; service associate Julie DeSorgher. During this service we will explore the various leaders who have brought this congregation together and what leadership skills are needed to bring it into the future.

March 9 at 10 AM at the Meeting House and via Zoom – “We the People: Exploring Social Justice in Troubled Times” led by Judy Andrade; guest speaker Dr. Sandra Faiman-Silva. From Dr. Faiman-Silva: “An anthropological lens of inquiry has been instrumental in helping me as a teacher, scholar and activist to deconstruct some of the most pressing issues of our time and act to foster social change. What I believe are my most important contributions include a course I taught on *War, Peace, and Culture*; and my books on the Oklahoma Choctaw Nation and Provincetown, MA. I will share my work to show how and what we can learn from the ‘puzzle of life’ to be effective agents of both consciousness raising and activism.” Her work, rooted in Social Justice themes, offers lessons on how we can become agents of social change to address pressing antagonisms and conflicts today. Dr. Faiman-Silva, a Falmouth social justice activist, is professor emerita (anthropology) at Bridgewater State University.

March 16 at 10 AM at the Meeting House and via Zoom – “Seeds Needed for Transformation” led by Rev. Rali Weaver; service associate Izzie Williams. In our Unitarian Universalist community, planting seeds of transformation requires a deep and abiding trust among us. This trust is the fertile soil from which our growth and change can flourish. As we come together in shared purpose and open hearts, we create a safe space where ideas can take root and aspirations can bloom.

Share the Plate on March 16: Sandwich Food Pantry. The Sandwich Food Pantry is a non-profit, totally volunteer organization serving residents of Sandwich since 1983. The Pantry's goal is to help residents through difficult times by providing supplemental food, advice, and directions to further sources of assistance. No matter how good or bad the economy may be, there are always families struggling. Please give generously.

March 23 at 10 AM at the Meeting House and via Zoom – “Why?” led by Rev. Tom Schade; service associate Julie DeSorgher. When everyday is unprecedented, you have to know your “Why?” before you get to your “What?” and “How?” Rev. Schade explores how our deepest motivations express themselves in ministry and mission for today. The Rev. Tom Schade is a retired UU minister who lives in Plymouth with his spouse Sue. He served the First Unitarian Church of Worcester from 1999-2013. He also served on the UUA Board of Trustees from 2019-2022.

March 30 at 10 AM at the Meeting House and via Zoom – “When Trusting is Difficult” led by Rev. Rali Weaver; service associate Judy Andrade. We will explore the obstacles to trust and consider what must be moved in our own hearts to begin again in love.

Minister's Message



Unitarian Universalist Fellowship of Falmouth

840 Sandwich Road
East Falmouth, MA 02536
508-457-0449

Reverend Rali Weaver Minister

Rali's Office Hours in March:

9 AM - 5 PM

Saturday, March 1

Sunday, March 2

Monday, March 3

Friday, March 14

Saturday, March 15

Sunday, March 16

Monday, March 17

Friday, March 28

Saturday, March 29

Sunday, March 30

Monday, March 31

...and by appointment

Ann German

Bookkeeper

Frederick Johnson

Director of Music

Kit O'Connor

Office Administrator

Nancy Wendlandt

Pianist

Office Hours: Kit will be in the office Monday, Wednesday, Thursday and Friday from 9AM -1 PM

Hello My Falmouth Friends,

It is interesting to start with a new community and peel back the layers of stories of those who have come before. Every congregation has layers of history, but the individual people who make up any church are the most interesting to me. In my short time with your fellowship, you have had to say goodbye to Jack Easterling, Pamela Hughes, Bob Sabin, JoAnne Allard and, most recently, Marion Flurkey. Each of these individuals brought something unique to this congregation that will endure.

I have recently been enamored of the show *The Repair Shop*. In this delightful series, skilled craftspeople restore broken objects that hold sentimental value. These items—whether a childhood toy, a family heirloom, or a well-worn piece of furniture—carry memories of the past. As they are repaired and renewed, they take on new life, preserving the precious memories tied to them. Once broken and discarded, the items are returned to their owners and restored in a way that brings them new meaning and connection. Much like these objects, the memories of those we have lost can be mended and renewed in our hearts. We don't forget; we repair the wounds of grief by weaving their legacies into the fabric of our lives. We keep their stories alive in our actions, shared meals, songs, and work in the world. Their influence continues, as present as ever as long as we continue to share the stories.

Jack Mulkeen has felt attached to a no longer used name tag bulletin board because he remembers getting blisters screwing in all the hooks with members who live in his blessed memory, like Horris Homer and Alden Cole Litchfield. Saving an empty bulletin board with hooks seemed silly to some, so Jack and I thought that putting all the name tags on the bulletin board of those who have died since this fellowship was born might be a way to hold them in blessed memory. I have been working to make this a reality and have put the name tags on the board with the hope those of you who remember them will write your memories on the back over the next six months or so. Then I will laminate them and they will live with the blessed memories for perpetuity.

As we remember Jack, Pamela, Bob, JoAnne, and Marion, and all those blessed people who have touched our lives, let us repair the brokenness we may feel in their absence by keeping their memories alive, passing their wisdom forward, and holding them in the community of our hearts. Through this act of remembrance and restoration, we ensure they are never truly gone.

With warmth and gratitude,

Rali

minister@uuffm.org * 617-459-5979 * <https://revraliweaver.youcanbook.me>

I will be in the Falmouth Office from 9-5: March 1, 2, 3, and 14, 15, 16, 17 and 28, 29, 30, 31

President's Corner



Dear Members and Friends,

First, I'd like to tell you about an important step the Governing Board is taking. Our outdated audio-visual equipment has needed replacement for a while. Steve Treistman recalls that when he was UU Falmouth's president, the board budgeted \$10,000 for AV improvements, but to his frustration, they didn't happen. Instead, we have become accustomed to intermittent interruptions in services and programs caused by technical glitches.

Hopefully, no more. The Board has enlisted integrated communications specialist [East West Associates](#) of Bourne to study our AV setup and hear our needs. They have redone the AV for sixty churches on Cape Cod, including three of the Cape's seven UU churches. The expense will likely be around \$30,000 and will give us new audio, broadcast, and IT capabilities that will help us in all the meetings in the sanctuary and in the east wing meeting room. And perhaps give us better visual capability in both areas, too. Our tech volunteers John Jackson, Rudy Oldenbourg and David Mark Welch are in the lead working with East West on this—talk to them if you want more information and/or input.

Second, and way beyond my purview as president but as member of this fellowship, I'd like to say something about what is happening in our country. It's so sudden, it's so much, it's so wrong, so many have been and will be hurt. I am not alone in experiencing the hostile takeover of our national government as a moral outrage. For those of us without a belief in the supernatural, spirituality often means finding meaning, purpose and connection in life through individual practice—careers in the helping professions, meditation, friendliness, kindness, volunteering. However, in this situation, taking action with others will go much further in preserving our individual integrity and that of our community. I believe we cannot sit idly by but should find a way, together, to help reestablish the rule of law.

Third, and finally, I'd like to remember Marion Flurkey who died Sunday, February 16, in the early morning hours. Marion was a pillar of UU Falmouth for two decades. She led the Caring Committee for years, she was the go-to person for auction dinners and most other food events, she was the feet-on-the ground person for advice in a tough spot, and she was a leader of the Fellowship's revival after covid. Physically tiny, she had an outsized heart, mind, and strength. She and her spouse, Maggie Jones, were a formidable pair. Maggie is not grieving alone: we are with her.

In Fellowship,

Charlotte Harris
Governing Board President
Charris20@me.com * 617-645-8609

Annual Pledge Drive

Together We Can!

Thank You for your pledge support in the past and for the future. UU Falmouth relies on your generosity.

In the last two years, the “Not for Ourselves Alone” and “A Bright Future Together” pledge drives were the most successful in the congregation’s history. We are on a healthy path.

Moving Forward, the Strategic Planning Task Force and the Board have agreed that moving toward hiring a full-time minister as soon as possible is a top priority.

We need your help to make this happen.

Together We Can!

When you think about your pledge for the upcoming year, how might you think about how much to give? People in faith communities worldwide grapple with this question. Christians consider the Biblical tithe, the giving of 10% of income. In Islam the expectation is not a fraction of income, but 2.5% of one’s wealth. Giving at these generous levels, for many, is an act of faith and vision, and a way of working to make the world a better place.

The pledge drive team had a successful first meeting with interested members of the congregation on February 16. We are off to a good start! When your canvasser reaches out to you, please agree to meet with them to talk about what the congregation means to you.

Pledge Drive Sunday Services:

March 23rd Pledge Drive Kick-off

April 27th Conclusion of the drive with our Ritual of Commitment

– Your pledge drive team, David and Jessica Mark Welch (co-chairs), Charlotte Harris, and Jack Mulkeen

Our Fragile Art of Hospitality

I would like to call your attention to a slightly changed way for us to continue our traditional Coffee Hour hospitality by better sharing the prep and clean up. **No need to deal with the dishwasher anymore, we've switched to compostable paper cups and wooden stirrers.** People in the S-Z group, would one of you volunteer to captain your turn every month? Just call email me at charris20@me.com.

Thanks, and thanks to Noreen Cavanaugh for prompting these changes!
~Charlotte Harris



UU Falmouth Coffee Hour Captains & Teams

Each Captain and Team is responsible for Coffee Hour one Sunday every month.

Week 1	Week 2	Week 3	Week 4
A-E	F-L	M-R	S-Z
Leona Bombaci	Celia Geyer	Carol McKeon	(Need a Captain)
Ruth Agnew Judy Andrade Tedi Bell Barry Blake Jewel Blake Leona Bombaci Wendy Bone Susan Brooks Linda Carpeno Micaela Champagne Dave Crichton Karen Crichton Bob Cronon Carol Ann Cronon Julie DeSorgher Cynthia Domack Gail Donkin Cynthia Dyer Marcia Easterling	Jenny Fornberg Erika Fox Celia Gayer Anne Giblin Michael Goldring Stuart Graham Laurel Hallman & Larry Ladd Charlotte Harris Jane Jackson John Jackson & Ellen Todd Christina Jacobi Maggie Jones Richard Kapit Tom Kirkman & Gayle Simundza Cathy Kligler Judy LeBeau Mark LeBeau David Leslie Pat Leslie Alice Liljestrang Jim Liljestrang Judy Lynch	Robert Manz David Mark Welch Jessica Mark Welch Maureen McIver Carol McKeon Joanna McWilliam John McWilliam Robin Melavalin Christine Michelson Maria Moniz Pamela Morrone Jack Mulkeen Susan O'Connor Elga O'Dell Nannette Oldenbourg Rudolf Oldenbourg Marilyn Pageau Terry Pageau Foster Palmer Lisa Palmer Maureen Peters Carolyn Powers Saphira Ravenstar Bob Reece Betsy Reece	Peggy Sabin Dotti Schrumph Scotty Scott Victor Smith Jean Stern Lew Stern Nancy Syverson Joanie Thompson Judith Titus Joanne Treistman Steve Treistman Chris Uljua Louise Vardack Joan Vaughn Reed Walsh Rosa Whiting Betsy Wilder Isabelle Williams Laura Wing Lesley Withrow Barbara Wright Betsy Young Karen Zimmerman Phil Zimmerman
5th Sundays – Governing Board – March, June, August, November (in 2025)			
Coffee Team Responsibilities: provide finger food and coffee; set up and clean up.			
Captains' responsibilities: attend captain meetings & get training, send reminders and oversee their Coffee Hour.			

Upcoming UU Falmouth Events

L.I.N.K. Programs Continue in 2025



As part of the Martin Luther King Jr. Breakfast annual celebration on January 20, the Linking Indigenous & Non-Indigenous Knowledge group (L.I.N.K.) was honored as the recipient of the No Place for Hate Civic Leadership Award. Their commitment to building bridges in our community was one of the key elements of their work that brought them this honor. Their spokeswomen explained the origins of the group and the valuable support they received from UU Falmouth during 2024. Most of their educational and informational sessions were held in our Meeting House and were attended by 100 or more people each time!

While they will not be holding monthly programs this year, they will have periodic presentations throughout 2025. **The next one will take place on March 1 at 1 PM at Mashpee High School.**

Exploring the Nature of Reality Series Continues...

**2nd and 4th Wednesdays from 7-8:15 PM at the Meeting House
and via Zoom (UU Falmouth members/friends only)**



Please join us for a bi-weekly series *Exploring the Nature of Reality*. Each session will have a facilitator who will present different perspectives on reality and opportunities to explore them individually and as a group. This is the beginning of a pilot program that we may expand upon later.

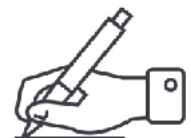


March 12, 2025 “How We Know About the World Around Us: The First Steps of Sensory Inputs” – Rudolf Oldenbourg. We learn about the world around us through our senses, of which we have five on first count: sight, hearing, smell, taste, and touch. From the time we are born, even before, our brain receives and integrates these different inputs and forms our experience of the world around us by literally recreating it. Because the brain recreates the outer world, the creation is necessarily subjective, as it is derived from the physical sensory inputs and their interpretation based on our past experiences. In my contribution to this series on reality as we experience it, I plan to examine the physical nature of the signals and the first steps of detecting them to form the input for our senses. Many of the contributions by others in this series are covering the further processing of these basic sensory inputs so we can survive, procreate, and together thrive in this world.

March 26, 2025 “How We Measure Things” – John Jackson. How do we measure reality? John has spent his career “measuring.” But is there a truly unambiguous value that can be attached to any of the things that we measure and feel comfortable assigning a number to?

Writing Group Welcomes a Few New Members

A group of people in our UU Falmouth community have been meeting at the Meeting House on the 2nd and 4th Fridays of the month from 10 AM until noon to share and discuss their writing. We would welcome another member or two who can commit to attending most of our meetings. If you are interested in joining us, please contact Ellen Todd at 978-877-7630 or ellen@jackson-todd.com.



Non-Profits Welcome To Share Our Space

New Non-Profits—Welcome to the UU Falmouth Meeting House!

UU Falmouth has begun to encourage community use of our Meeting House by not charging any rent to non-profit groups aligned with our mission. Below are some of the new organizations using the Meeting House on a regular basis. You are welcome to attend these meetings if you are interested to learn more or to become involved.

PFLAG—Every 4th Monday at 7 PM at the Meeting House

If you or someone you love is LGBTQ+ and looking for support, please join PFLAG Cape Cod's support meetings. (Meetings are open to anyone 18 and older; those under 18 must be accompanied by a parent or adult guardian.) PFLAG is an organization of LGBTQ+ people, parents, families, and allies who work together to create an equitable and inclusive world.



There are thousands of people and hundreds of chapters from coast to coast who are leading with love to support families, educate allies, and advocate for just, equitable, and inclusive legislation and policies. Since their founding in 1973, PFLAG has worked every day to ensure LGBTQ+ people everywhere are safe, celebrated, empowered, and loved. To learn more, please visit www.pflagcapecod.org.

Indivisible Cape Cod—Every Tuesday at 7 PM at the Meeting House

The Indivisible Cape Cod mission is to empower individuals and communities to resist harmful policies, hold elected officials accountable, and advocate for an inclusive, equitable society.



Their goal is to create a powerful, united force that can challenge corruption, fight against hate, and ensure that every voice is heard in the political process.

Expressive Movement—Every 1st Friday at 6:30 PM at the Meeting House

Discover the confidence, inner wisdom, emotional health and spiritual connection that comes from embodied movement. Join Abby Polk Certified Journey/Dance facilitator for an evening of alchemy of movement, breath, and sound.



Percussion Discussion—Every 3rd Friday at 6:30 PM at the Meeting House

Join Shamballa Healing and Sakura Sound & Reiki for a night of connection, release, joy, and raising our light through rhythm and vibrations.

Falmouth Pond Coalition—Occasional meetings at the Meeting House.

Established in 2022 as a non-profit organization, the Falmouth Pond Coalition's mission is "To protect and preserve Falmouth's ponds through science-informed education, organizing, and advocacy." Comprised of 16 local freshwater pond associations, the FPC works at the grass-roots level to provide educational resources to pond groups, fosters communication and collaboration among freshwater pond activists, and advances a



public policy agenda to protect Falmouth's freshwater ponds. Information is available at <https://www.falmouthpondcoalition.org/>.

UU Falmouth Announcements



March Birthdays



3/2 Celia Gayer	3/10 Judy Andrade	3/19 Carolyn Ryczek
3/2 Maggie Jones	3/11 Susan Shelton	3/20 David Dow
3/5 Carmody Palmer	3/13 Liam Ward	3/27 Stuart Graham

Fellowship Weekly/Monthly Gatherings

For information on any of these gatherings, contact the person listed or email admin@uuffm.org.

- **Breakfast Bunch** - Tuesdays at 8 AM. This month it will be at Moonakis Cafe, 460 Waquoit Highway, East Falmouth. For more information, contact Reed Walsh.
- **Mah Jongg** - Tuesdays from 1-3 PM at the Meeting House. For more information, contact Peggy Sabin.
- **Fellowship Tea** - Tuesdays at 4 PM. To get the Zoom login, email admin@uuffm.org.
- **Brown Bag Book Bunch** - BBBB will meet again on March 19 at noon (and the third Wednesday of the month) at the Meeting House. For more information, contact Chris Jacobi.
- **Men's Breakfast** - Thursdays from 8-9:30 AM. It will take place at the Meeting House in March. A notice will be sent out if it is switched to Zoom because of bad weather. If you would like more information, or for the Zoom login, please contact Stu Graham.
- **Chimes Ensemble** - Thursdays at 1:00 PM at the Meeting House. For more information, contact Laura Wing.
- **Chimes Workshop** - Thursday, March 6 and 20 from 3-4 PM (and the 1st and 3rd Thursdays of the month) at the Meeting House. For more information, contact Laura Wing.
- **Expressive Movement** - Will resume again next month on Friday, April 4 at 6:30 PM at the Meeting House. For more information, contact Nannette Oldenbourg.
- **Community Circle** - Friday, March 14 at 2 PM at the Meeting House - open to the public. The topic for March will be "Feeling Judged by Others and Judging Others!" During Community Circles, we listen to one another and share our thoughts about the topic. We build community and many people find this experience relaxing as we learn from one another. For more information, contact Joanne Treistman at treistmanjoanne@gmail.com.
- **Percussion Discussion** - Friday, March 21 at 6:30 PM at the Meeting House. For more information, contact Nannette Oldenbourg.

For the most up to date version of this calendar, go to uufalmouth.org and click on "News." Email admin@uuffm.org if you'd like to have an event or meeting added to the calendar.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
March 2025			Red = All are welcome to attend.			
						1
2 10am Sunday Service 11:15am Coffee Hour/ Grocery Cards 11:30 Sermon Discussion	3 10:15am Religious Services 2pm Lay Ministry Team 6:30pm Choir Rehearsal	4 8am Breakfast Bunch 1pm Mah Jongg 4pm Fellowship Tea	5 9:30am Writing Time 1pm Committee on Ministry 3pm Partners Grief Support Group	6 8am Men's Breakfast 10:15am B&G Meeting 1pm Chimes Ensemble 3pm Chimes Workshop	7	8
9 10am Sunday Service 11:15am Coffee Hour/ Grocery Cards 11:30 Sermon Discussion	10 1pm Caring Community Meeting 6:30pm Choir Rehearsal 8pm Music Committee	11 8am Breakfast Bunch 1pm Mah Jongg 1:30pm Fellowship Group #1 3:30pm Welcoming Cong. Committee 4pm Fellowship Tea	12 9:30am Writing Time 3:30pm Lay Ministry Team 7pm "Exploring the Nature of Reality" Series	13 8am Men's Breakfast 1pm Chimes Ensemble 3:30pm Fellowship Group #3 7pm Finance	14 9am Membership Committee 10am Friday Writing Group 2pm Community Circle	15
16 10am Sunday Service 11:15am Coffee Hour/ Grocery Cards 11:30 Sermon Discussion	17 6:30pm Choir Rehearsal 7 pm SEAC Meeting	18 8am Breakfast Bunch 1pm Mah Jongg 4pm Fellowship Tea	19 9:30am Writing Time 11:45am Soul Matters Small Group 12pm Brown Bag Book Bunch 3pm Partners Grief Support Group	20 8am Men's Breakfast 1pm Chimes Ensemble 3pm Chimes Workshop 7pm Governing Board	21 6:30pm Percussion Discussion	22
23 10am Sunday Service 11:15am Coffee Hour/ Grocery Cards 11:30 Sermon Discussion	24 6:30pm Choir Rehearsal	25 8am Breakfast Bunch 1pm Mah Jongg 1:30pm Fellowship Group #1 4pm Fellowship Tea	26 9:30am Writing Time 7pm "Exploring the Nature of Reality" Series	27 8am Men's Breakfast 10am Soul Matters Small Group #2 1pm Chimes Ensemble 3:30pm Fellowship Group #3	28 10am Friday Writing Group	29
30 10am Sunday Service 11:15am Coffee Hour/ Grocery Cards 11:30 Sermon Discussion	31 10:15am Religious Services 6:30pm Choir Rehearsal					